



Newman College

Affiliated to Mahatma Gandhi University

Reaccredited by NAAC with A grade (Cycle 3, CGPA 3.32)

Email: principal@newmancollege.ac.in

website: www.newmancollege.ac.in

Phone: 04862-222686   

Criterion V

Student Support and Progression

5.1

Student Support

5.1.2

Brochure of Soft Skills Enhancement Activities Conducted

Submitted to




National Assessment and Accreditation Council

Soft Skill Enhancement Activities Organized by the Institution During 2018-2023

Sl. No.	Year	Name of Programme	Page Number
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2023-2022

Brochure of Workshop on Moulding Globally Competent Students with Human Values



**NEWMAN COLLEGE
THODUPUZHA**

INTERNAL QUALITY ASSURANCE CELL IN
ASSOCIATION WITH CATHOLIC STUDENTS
MOVEMENT

WORKSHOP ON GLOBALLY COMPETENT STUDENTS
WITH HUMAN VALUES

By

Arun Jose
Corporate Trainer,
life skill coach.

Jaison Arackal
Cheif Trainer
Success Mine Training Academy

Cordinator
Sr. Leena P Kuriakose.
Department of English.

Date : 25-07- 2022, 26-07-2022
Venue: Auditorium

25-07-2022

Session 1

Understanding Global competence

Time: 10 am to 12 pm

Session 2

Developing Human Values

Time: 2pm to 4 pm

26-07-2022

Session 1

Cross Culture Communication and
collaboration

Session 2

Applying Global Competence and human
values


Time: 2pm to 4pm



**Objectives: To install ethical principles and
moral integrity among students**


**Outcome: Students are expected to gain not only technical
proficiency but also demonstrate human attitude**

Brochure of Soft Skill Training Workshop on Enhancing Communication with Confidence






Department Of Communicative English
in association with
IQAC & PLACEMENT CELL
NEWMAN COLLEGE, THODUPUZHA
organise
**A Softskill Training Workshop on
Enhancing Communication with
Confidence**

Resource Person
SHERIN KALATHIL
NSQF Level 6 Trainer



TRAINNOVATE
Explore & Experience

 11 & 12 July 2022
 10 am - 4 pm
 MMP Hall

Co-ordinator: SherinVarghese

11-07-2022

Session 1: Building confidence in communication.
Time :10 am to 12pm
Session 2: Overcoming Communication Barriers.
Time :2pm to 4pm

12-07-2022

Session 1: Building Rapport and Trust Through
Communication
Time :10 am to 12pm
Session 2: Interaction.
Time :2pm to 4pm

Objectives of the programme: To equip the
students with the necessary skills and knowledge
required to excel in interviews.

Expected Outcome: Students are expected to gain
valuable insights and guidance on how to present
themselves effectively during interviews.

Brochure of Critical Thinking Skills Development Workshop



NEWMAN COLLEGE THODUPUZHA

DEPARTMENT OF CHEMISTRY

Topic: CRITICAL THINKING SKILLS DEVELOPMENT WORKSHOP

16/08/2022 and 17/08/2022

DR. BEJOY THOMAS

ASSISTANT PROFESSOR
DEPARTMENT OF CHEMISTRY
NEWMAN COLLEGE,
THODUPUZHA

COORDINATOR :

Dr. Anu Mary Joseph
Department of Chemistry

PROGRAMMES

Date: 16/08/22

SESSION 1

TIME : 10AM -12 PM

INTRODUCTION TO ADAPTIVE PROBLEM SOLVING AND CRITICAL THINKING

SESSION 2

TIME : 2 PM -4 PM

DEVELOPING CRITICAL THINKING SKILLS

Date: 17/08/22

SESSION 3

TIME : 10AM -12 PM

INTEGRATING ADAPTIVE PROBLEM SOLVING AND CRITICAL THINKING INTO DAILY LIFE

SESSION 4

TIME : 2 PM - 4 PM

APPLYING ADAPTIVE PROBLEM SOLVING IN DIFFERENT CONTEXT

OBJECTIVE : TO PROVIDE STRATEGIES FOR EFFECTIVE CRITICAL THINKING

OUTCOME : ATTENDEES ARE EXPECTED TO GAIN PRACTICAL INSIGHTS INTO PROBLEM-SOLVING STRATEGIES AND DEVELOPED COGNITIVE FLEXIBILITY

2021-2022

Brochure of Soft Skill Training Programme for Mindfulness and Stress Management



Newman College Thodupuzha
DEPT OF CHEMISTRY

**Softskill Training Programme
for mindfulness and Stress
Management**

Dr.T.C.Thankachan
Principal, St. Thomas
College for teacher
Education, pala

newmancollege.ac.in

Date: 11-11-2021 - 12-11-2021
Co ordinator: Dr. Jithin Joy



11-11-2021

Session 1: Introduction to mindfulness & stress management
Time: 10am to 12pm

Session 2: Mindful Communication & Emotional Intelligence
Time: 2pm to 4pm

Session 3: Mindful movement & self care
Time: 10am to 12pm

Session 4: Interactive session
Time: 2pm to 4pm

Objectives: To introduce participants to various mindfulness practices and techniques

Expected Outcomes:
Students are expected to gain skills for stress management

Coordinator: **Dr. Jithin Joy**
Dept. of chemistry



Brochure of Workshop on Presentation Skills

Department of Zoology
Newman College, Thodupuzha



WORKSHOP ON PRESENTATION SKILLS

14/10/2022 & 15/10/2022

TIME
10:00 AM TO 04:00 PM

ANJU B KANJIRAKKATTU,
ASSISTANT PROFESSOR, DEPT OF ZOOLOGY, NIRMALA
COLLEGE, MUVATTUPUZHA

COORDINATOR
MR. BANY JOY
DEPARTMENT OF ZOOLOGY



14-10-2021

SECTION 1
10 AM - 12 PM
INTRODUCTION TO EFFECTIVE PRESENTATION SKILLS

SECTION 2
1 PM - 4 PM
DEVELOPING CONTENT FOR ENGAGING PRESENTATION

15-10-2021

SECTION 1
10 AM - 12 PM
MASTERING DELIVERY & AUDIENCE ENGAGEMENT

SECTION 2
1 PM - 4 PM
APPLYING PRESENTATION SKILLS IN VARIOUS CONTEST

OBJECTIVE
TO IMPROVE PARTICIPANTS COMMUNICATION SKILLS

OUTCOME
ATTENDEES ARE EXPECTED TO GAIN EFFECTIVE PRESENTATION SKILLS

Brochure of Ethical Judgement and Integrity: A Soft Skill Training Programme



**NEWMAN COLLEGE
THODUPUZHA**

Department of Physics

**Ethical Judgement And
Integrity :- A Soft Skill Training
Programme**

Prof. Biju Peter

**Department of Chemistry
Newman College
Thodupuzha**



06/05/2022
to
07/05/2022

COORDINATOR
Dr. Simi N.J Department of
Physics

06/07/2022 | 10:00am

SECTION 1
10:00 AM - 12:00 PM
Understanding Ethical Judgement

SECTION 2
2:00 PM - 4:00 PM
Building Integrity in
Professional Settings

07/07/2022 | 10:00am

SECTION 1
10:00 AM - 12:00 PM
Practical Application of Ethical
Decision-Making

SECTION 2
2:00 PM - 4:00 PM
Sustaining Ethical Behaviour

OBJECTIVES
To provide participants with insights into
the principles and processes of ethical
decision making.

EXPECTED OUTCOME
Students gained expertise in Ethical
Judgement

COORDINATOR
Dr. Simi N.J
Department of Physics

2020-2021

Brochure of Skill Building Section for Empowerment Through Soft Skills



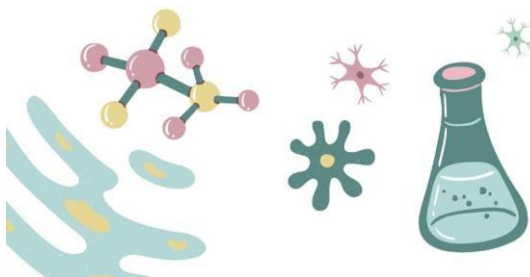
NEWMAN COLLEGE
THODUPUZZHA
DEPARTMENT OF CHEMISTRY

10-05-2021, 11-05-2021

TITLE: SKILL BUILDING SECTION FOR EMPOWERMENT
THROUGH SOFT SKILLS

RESOURCES PERSON: MR. ELDO PAULOSE

COORDINATOR: DR. JITHIN JOY
DEPARTMENT OF CHEMISTRY



10-05-2021

Section 1: 10 AM - 12 PM

COMMUNICATION SKILLS

Section 2: 02 PM - 04 PM

EMOTIONAL INTELLIGENCE

11-05-2021

Section 3: 10 AM - 12 PM

TEAMWORK and COLLABORATION

Section 4: 02 PM - 04 PM

LEADERSHIP and INFLUENCE

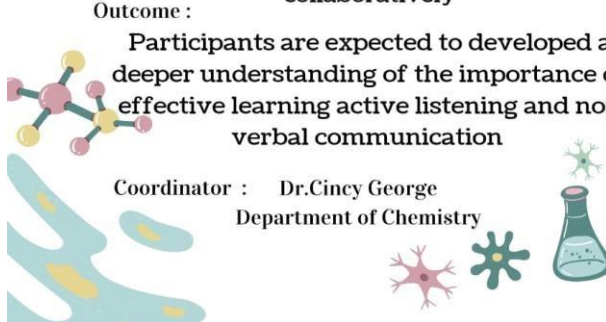
Objective :

Cultivate necessary soft skills to effectively communicate, manage, emotions, work collaboratively

Outcome :

Participants are expected to developed a deeper understanding of the importance of effective learning active listening and non verbal communication

Coordinator : Dr.Cincy George
Department of Chemistry



Brochure of Knowing Myself: Training Session for Mindset for College students



**NEWMAN COLLEGE
THODUPUZHA**

DEPARTMENT OF ZOOLOGY

**KNOWING MYSELF - TRAINING SESSION
FOR MINDSET FOR COLLEGE STUDENTS**

**DR. NELSON P ABRAHAM , FORMER
HOD , DEPARTMENT OF ZOOLOGY ,
ST THOMAS COLLEGE
KOZHENCHERRY**

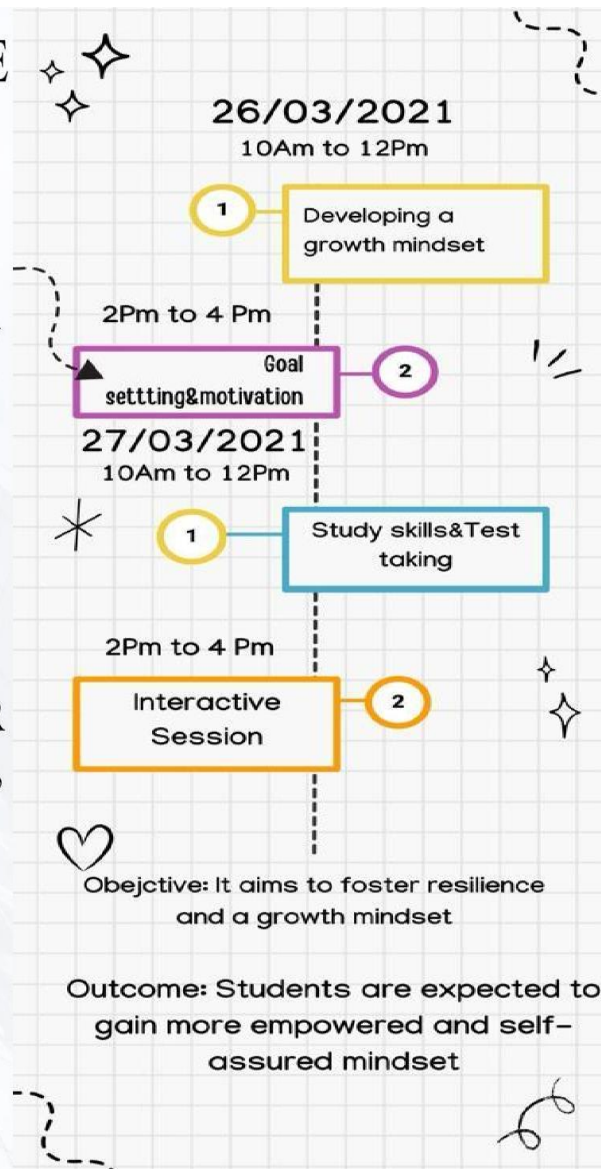


26/03/2021 & 27/03/2021



10:00 AM TO 04:00 PM

**COORDINATOR
MR. BANY JOY**



Brochure of Workshop on Seminar Presentation Skills



Newman College Thodupuzha

Department of physics

Title of the programme:

Workshop on seminar Presentation skills

Date :

05-01-2021 to 15-01-2021

Resource persons:

**Dr.Beena Mary
John,Mr. Noble C
Kurian,Dr.Indu
Sebastian &Dr.Simi NJ**

Deot. of Physics,Newman college Thodupuzha



Objectives:

To develop and enhance student's public speaking capabilities


Expected outcome:

Students are expected to gain an improvement in confidence.

Co ordinator: **Dr. Indu Sebastian**
Dept.of physics



Brochure of Workshop on Soft Skills and Personality Development



NEWMAN COLLEGE
THODUPUZHA

DEPARTMENT OF
COMMERCE

WORKSHOP ON SOFT SKILLS AND
PERSONALITY DEVELOPMENT

LT. PRAGEESH C MATHEW ASST.
PROFESSOR , DEPARTMENT OF
COLLEGE - NEWMAN COLLEGE
THODUPUZHA

18/01/2021 & 19/01/2021
10:00 AM TO 04:00 PM

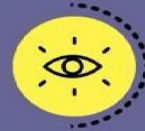
COORDINATOR
MS. BEENA DEEPTHI LOUIS
DEPARTMENT OF COMMERCE

18/01/2021

10 Am to 12 Pm

1 SECTION

Introduction to
soft
skills&Personality
Development



2 SECTION

Leadership&Team
work



19/ 01/2021

2 Pm to 4 Pm

1 SECTION

Leadership&
Teamwork



2 SECTION

Time
Management
&Goal setting

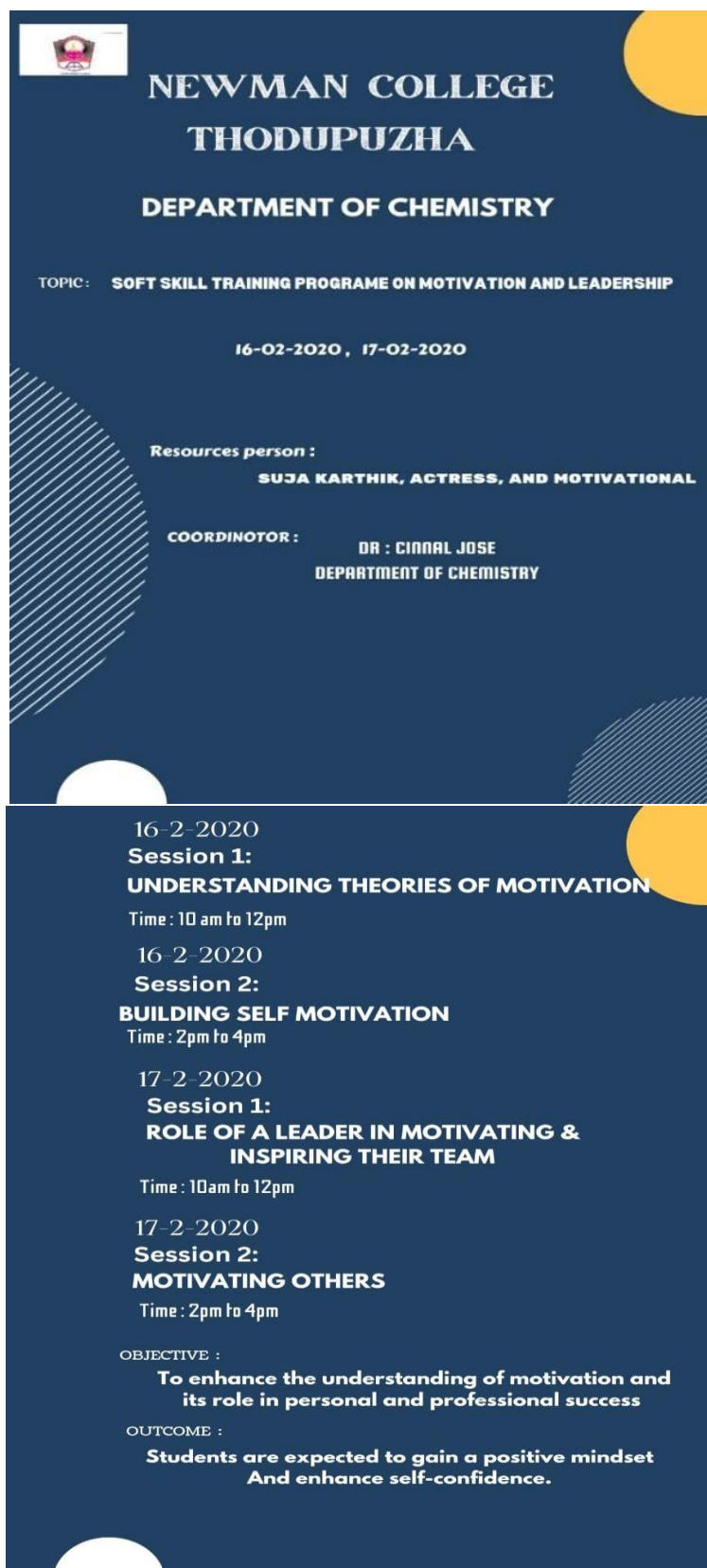



Objective: To enhance participats life skills

Outcome: Students are expected to gain ability to apply and integrate the acquired skills

2019-2020

Brochure of Soft Skill Training Programme on Motivation and Leadership



 **NEWMAN COLLEGE**
THODUPUZHA
DEPARTMENT OF CHEMISTRY

TOPIC: **SOFT SKILL TRAINING PROGRAMME ON MOTIVATION AND LEADERSHIP**

16-02-2020 , 17-02-2020

Resources person :
SUJA KARTHIK, ACTRESS, AND MOTIVATIONAL

COORDINATOR : **DR : CINNAL JOSE**
DEPARTMENT OF CHEMISTRY

16-2-2020
Session 1:
UNDERSTANDING THEORIES OF MOTIVATION
Time : 10 am to 12pm

16-2-2020
Session 2:
BUILDING SELF MOTIVATION
Time : 2pm to 4pm

17-2-2020
Session 1:
ROLE OF A LEADER IN MOTIVATING & INSPIRING THEIR TEAM
Time : 10am to 12pm

17-2-2020
Session 2:
MOTIVATING OTHERS
Time : 2pm to 4pm

OBJECTIVE :
To enhance the understanding of motivation and its role in personal and professional success

OUTCOME :
Students are expected to gain a positive mindset And enhance self-confidence.

Brochure of Unlocking Potential: Soft Skill Training for Personal Development



NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC


DAY 1 - 09 February 2020
Session 1: (10 am - 12 pm)
Introduction to Personal Development
Session 2: (2 pm - 4 pm)
Building Self Motivation

DAY 2 - 10 February 2020
Session 1: (10 am - 12 pm)
Importance of Motivating Others
Session 2: (2 pm - 4 pm)
Strategies for Maintaining Motivation and Engagement in the Long Term

Objectives of the Programme:
To introduce participants to a range of soft skills essential for success.

Expected Outcome:
The participants are expected to gain enhanced ability to apply soft skills in personal and professional settings.





NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC



Unlocking Potential:
SOFT SKILL TRAINING FOR PERSONAL DEVELOPMENT

organized by
Department of Economics

Resource Person:
Mr Rahul Kammath, General Manager, GIIMS Kochi

Date:
09-10 Feb. 2020

Coordinator:
Mr. Ratheesh E R
Assistant Professor
Department of Economics



Brochure of the programme: **Sharpening Your Soft Skills: A Practical Workshop for Success**



NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

SHARPENING YOUR SOFT SKILLS: A PRACTICAL WORKSHOP FOR SUCCESS

organized by
Department of Chemistry

WORKSHOP WILL BE HELD ON :

 **15 - 16 Nov. 2019**

Resource Person :
Dr. BEJOY THOMAS
Department of Chemistry
Newman College, Thodupuzha

COORDINATOR

Dr. Cintil Jose
Department of Chemistry



NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

DAY 1 - 15 NOV 2019

SESSION 1: (10 AM - 12 PM)
INTRODUCTION TO SOFT SKILLS
SESSION 2: (2 PM - 4 PM)
COMMUNICATION & COLLABORATION

DAY 2 - 16 NOV 2019

SESSION 1: (10 AM - 12 PM)
EMOTIONAL INTELLIGENCE & CONFLICT RESOLUTION
SESSION 2: (2 PM - 4 PM)
ADAPTABILITY & TIME MANAGEMENT

OBJECTIVES:

To increase awareness of the importance of soft skills.

EXPECTED OUTCOME:

Participants are expected to gain knowledge on strengths and weaknesses in key soft skills.

Brochure of the programme: Global Competitiveness: Soft Skill Development



Newman College
Department of
Physics

Global Competitiveness : Soft skill Development

Mr. Martin Jacob Associate
Partner Global Business Service
IBM Swedan




10/07/2019 & 11/07/2019
10:00 am – 4:00pm

Coordinator
Dr. Beena Mary John



2018-2019

Brochure of the programme: Workshop on Creativity and Innovation for Skill Enhancement



 **Newman College**
Thodupuzha

Walk With Scholar (WWS) Programme

Workshop on Creativity and Innovation for Skill Enhancement

Sri. Rajesh R.

Coordinator
Dr. Cintil Jose
Department of Chemistry

 25/02/2019 & 26/02/2019
 10:00 Am To 04:00 Pm

25/02/2019
10 AM TO 12 PM
SECTION-1
IDENTIFYING BARRIES TO CREATIVITY&INNOVATION
2 PM TO 4 PM
SECTION-2
FOSTERING A CREATIVE&INNOVATIVE CULTURE

26/02/2019
10 AM TO 12 PM
SECTION-1
GENERATING&DEVELOPING INNOVATIVE IDEAS
2 PM TO 4 PM
SECTION-2
IMPLEMENTING&SUSTAINING INNOVATION

OBJECTIVES
THIS WORKSHOP PROVIDES PRACTICAL TOOLS AND STRATEGIES TO ENHANCE YOUR SKILLS.ENCOURAGING A MINDSET THAT THRIVES ON INVENTIVE THINKING

OUTCOME
THE WORKSHOP FOSTERED A DYNAMIC LEARNING ENVIRONMENT.ENCOURAGING PARTICIPANTS TO ACTIVELY ENGAGE IN CREATIVE AND INNOVATIVE THINKING

Brochure of the Training Programme on Enhancing Soft Skills for Future



Newman College
Thodupuzha

Walk With A Scholar (WWS) programme Traning program On Enhancing Soft Skills for Future

Sri. Jiji .K. Philip

Coordinator
Dr. Cintil Jose

Department of Chemistry



22/02/2019 & 23/02/2019
10:00 Am to 04:00 Pm

22/02/2019

10 Am to 12 Pm

1 SECTION

Exploring different leadership styles & their impact on team dynamics

2 Pm To 4 Pm

2 SECTION

Building a high-performing

23/02/2019

10 Am to 12 Pm

1 SECTION

Leading & Motivating a Team

2 Pm To 4 Pm

2 SECTION

Sustaining high-performance & growth

Objectives: This programme offers a dynamic blend of interactive learning and expert guidance

Outcome: The programme provided an interactive learning environment, encouraging participants to actively engage in skill enhancement

Brochure of the programme: The Art of Connections: Workshop on Building Rapport Skills

 **NEWMAN COLLEGE**
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

WALK WITH A SCHOLAR (WWS) PROGRAMME



THE ART OF CONNECTION: WORKSHOP ON BUILDING RAPPORT SKILLS

 MAIN SPEAKER *James Xavier* Zone Vice President, JCI

 18th and 19th Feb, 2023
10:00 am – 4:00pm

Coordinator: Dr. Cintil Jose

18/02/2019

10 AM TO 12 PM

SECTION-1

Understanding the importance of Rapport

2PM TO 4PM

SECTION-2

Strategies for establishing Rapport

19/02/2019

10 AM TO 12 PM

SECTION-1

Maintaining Rapport in Interactions

2PM TO 4PM

SECTION-2

Applying Rapport in professional contexts


OBJECTIVES OF PROGRAMME

CONNECT WITH SUCCESS. JOIN OUR WORKSHOP ON BUILDING RAPPORT! THIS INTERACTIVE PROGRAM IS CRAFTED TO ENHANCE YOUR INTERPERSONAL SKILLS AND EMPOWER YOU WITH THE ART OF BUILDING MEANINGFUL CONNECTIONS. LEARN PRACTICAL TECHNIQUES TO ESTABLISH TRUST, STRENGTHEN RELATIONSHIPS, AND LEAVE A LASTING POSITIVE IMPRESSION. ELEVATE PERSONAL AND PROFESSIONAL INTERACTIONS WITH THIS TRANSFORMATIVE WORKSHOP.

OUTCOME EXPECTED

PARTICIPANTS ARE EXPECTED TO GAIN BETTER UNDERSTANDING OF THE IMPORTANCE OF BUILDING RAPPORT IN PROFESSIONAL AND PERSONAL RELATIONSHIPS. THEY WILL LEARN PRACTICAL STRATEGIES AND TECHNIQUES FOR MAINTAINING RAPPORT.

Broucher of Workshop on Skill Development



**NEWMAN COLLEGE
THODUPUZHA**

WALK WITH SCHOLAR (WWS) SCHEME


**WORKSHOP ON SKILL
DEVELOPMENT**


DAY 1 : VICTORY AND HARD WORK

SRI. ABHISHAD AZIZ , CEO AND CHIEF TRAINER

DAY 2 : EXCELLENCE THROUGH CONFLICT
MANAGEMENT

SRI . ELDOSE PAULOSE , CAREER CONCULTANT AND
COOPERATE TRAINER

 11/01/2019 & 12/01/2019

 10:00 AM TO 04:00 PM

COORDINATOR
DR. CINTIL JOSE

11/01/2019
10 AM TO 12 PM
1 SECTION
Defining
Softskills

2 PM TO 4 PM
2 SECTION
Building
Positive
Relationships

12/01/2019
10 AM TO 12 PM
1 SECTION
Techniques for
Managing
Emotions

2 PM TO 4 PM
2 SECTION
Time
Management
Techniques

Objectives of programme
To foster the soft skills of students

Expected outcome
Participants are expected to gain valuable
insights and expertise on soft skill management
for success in life

Brochure of the Workshop On Team Based Strategy Games for Basic Concepts

Newman College Thodupuzha
WALK WITH A SCHOLAR (WWS) PROGRAMME

Workshop on Team-Based Strategy Games for Basic Concepts

05/01/2019

Session 1
10:00 am - 12:00 pm
Ice-breaking Session

Session 2
02:00 pm - 04:00 pm
Introduction to Team-Based Strategy Games

06/01/2019

Session 1
10:00 am - 12:00 pm
Building Effective Teams

Session 2
02:00 pm - 04:00 pm
Applying Concepts to real life situations

Objectives:

- To combine the Excitement of Strategy Games with Foundational Concepts
- Fostering Team work and Critical Thinking

Outcomes:

- Participants are expected to gain skills in strategic thinking, communication, collaboration and conflict resolution and they will be equipped with valuable skills applicable in everyday life and career.

Walk With A Scholar (WWS) Programme presents

WORKSHOP ON TEAM-BASED STRATEGY GAMES FOR BASIC CONCEPTS

Resource Person:
Sri Ajesh K. P., The Kerala Police, Janamathri

5-6 January, 2019

Brochure of the Workshop on Teamwork and Leadership



Newman College
Thodupuzha

Walk With Scholar (WWS)
Programme

Workshop on Teamwork and Leadership

Sri. Ajesh K.P
MBA , MSW , Psychology - Italy Master
Trainer, EKSAT, Gov. of Kerala

20/10/2018 & 21/10/2018

Coordinator
Dr. Cintil Jose

10:00 AM TO 04:00 PM

20/10/2018

10AM TO 12 PM

1. SECTION
Identifying the
characteristics of effective
teamwork & leadership



2PM TO 4 PM

2. SECTION
Building a High
Performing Team



21/10/2018

10AM TO 12 PM

1. SECTION
Leading & Motivating
a Team



2PM TO 4 PM

2. SECTION
Sustaining High-
Performance & Growth



OBJECTIVES OF THE PROGRAMME

TO EQUIP THE PARTICIPANTS WITH PRACTICAL TOOLS AND
STRATEGIES TO ENHANCE GROUP
DYNAMICS, COMMUNICATION, AND DECISION-MAKING

EXPECTED OUTCOME

THE PARTICIPANTS ARE EXPECTED TO MASTER DIFFERENT
STRATEGIES FOR PROFESSIONAL SUCCESS BY MASTERING THE
ART OF COLLABORATION