



Newman College

Affiliated to Mahatma Gandhi University

Reaccredited by NAAC with A grade (Cycle 3, CGPA 3.32)

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Criterion V Student Support and Progression

5.1

Student Support

5.1.2

Report of Soft Skills Enhancement Activities Conducted

Submitted to



National Assessment and Accreditation Council



Soft Skill Enhancement Activities Organized by the Institution During 2018-2023

Sl. No.	Year	Name of Programme	Page Number
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Workshop on globally competent students with human values.

Title of the programme	Workshop on globally competent students with human values
Date of the programme	25-07-2022 to 26-07-2022
Organizing Department/Cell	Catholic Students Movement and IQAC Newman College Thodupuzha
Number of Students Enrolled	36
Name of the Resource Person	Mr. Arun Jose, Corporate Trainer, Soft skill coach Mr. Jaison Arackal Chief Trainer Success Mine Training Academy, Muvattupuzha, Kerala.
Objectives of the programme	To instill ethical principles and moral integrity among students.
Outcomes of the programme	Students gained not only technical proficiency but also demonstrate humane attitude

Report

In association with Catholic Students Movement Newman College Thodupuzha IQAC, conducted a two- day workshop “Globally Competent students with Human Values” on 25th and 26th July, 2022. The sessions were led by Mr. Arun Jose (Corporate Trainer, Life skill Coach) and Mr. Jaison Arackal (Chief Trainer at Success Mine Training Academy, Muvattupuzha). 40 students attended the workshop. There were four sessions in two days. The programme was co-ordinated by Sr. Leena P. Kuriakose, Assistant Professor, Department of English Language and Literature. The event concluded with closing remarks expressing gratitude to Mr. Arun Jose and Mr. Jaison Arackal for his valuable contributions.



Brochure of Workshop on Moulding Globally Competent Students with Human Values

**NEWMAN COLLEGE
THODUPUZHA**

INTERNAL QUALITY ASSURANCE CELL IN
ASSOCIATION WITH CATHOLIC STUDENTS
MOVEMENT

WORKSHOP ON GLOBALLY COMPETENT STUDENTS
WITH HUMAN VALUES

By

Arun Jose
Corporate Trainer,
life skill coach.

Jaison Arackal
Cheif Trainer
Success Mine Training Academy

Cordinator
Sr. Leena P Kuriakose.
Department of English.

Date : 25-07- 2022, 26-07-2022
Venue: Auditorium

25-07-2022

Session 1

Understanding Global competence

Time: 10 am to 12 pm

Session 2

Developing Human Values

Time: 2pm to 4 pm

26-07-2022

Session 1

Cross Culture Communication and
collaboration

Session 2

Applying Global Competence and human
values

Time: 2pm to 4pm



**Objectives: To install ethical principles and
moral integrity among students**

**Outcome: Students are expected to gain not only technical
proficiency but also demonstrate human attitude**



**Photos of the Workshop on Moulding Globally Competent Students with Human Values
on 25-07-2022**



List of students participated on Moulding Globally Competent Students with Human Values

Sl. No.	Name of the Students	Department
1	Abhijith Sanal	Zoology
2	Abhiram S	Zoology
3	Adil Shan P K	Zoology
4	Afiya K T	Zoology
5	Ajila Ismail	Zoology
6	Ajith Anil	Zoology
7	Ajil Joshy	Commerce
8	Ajmiya Salam	Commerce
9	Akshshaya A Nair	Commerce
10	Alan Benny	Commerce
11	Alfiya Subair	Commerce
12	Aloshin Simon	Commerce
13	Alvin Anu	Commerce
14	Amal Johnson	Commerce
15	Rishikesh P Biju	Psychology
16	Sajna Salim	Psychology
17	Karthik Praveen	Psychology
18	Anugraha Shaji	Psychology
19	Linumol Augustine	Psychology
20	Deepak Gopi	Psychology
21	Saliha Navas	Psychology
22	P G Arya	Psychology
23	Aswathy Jayakumar	Psychology
24	Vrinda K	Psychology
25	Babitha B	Psychology
26	Swarna K. S	Psychology
27	Anasooya C. Sudhan	Physics
28	Sudhy K S	Physics
29	Praful Shine	Physics
30	Haripriya S	Physics
31	Aravind Biju	Physics
32	Sandwana Sajeev	Physics
33	Abhishek John	Physics
34	Neelakandan V M	Physics
35	Ashik Dileep	Physics
36	Devalakshmi Ks	Physics



A Soft skill Training Workshop on Enhancing Communication with Confidence

Title of the programme	A Soft Skill Training Workshop on Enhancing Communication with Confidence
Date of the programme	11-07-2022 to 12-07-2022
Organizing Department/Cell	Department of Communicative English
Number of Students Enrolled	38
Name of the Resource Person	Mr Sherin Kalathil NSQF level 6 Trainer at NPTEL.
Objectives of the programme	To equip the students with the necessary skills and knowledge required to excel in interviews.
Outcomes of the programme	Students are expected to gain valuable insights and guidance on how to present themselves effectively during interviews.

Report:

On 11-07-2022 and 12-07-2022, the Department of Communicative English organized A Soft Skill Training Workshop on Enhancing Communication with Confidence for the final year students of the self-financing wing. The workshop took place in the Mar Mathew Pothanamuzhy Hall at Newman College. The event was coordinated by Ms. Sherin Varghese under the guidance of the HOD, Ms. Romy Thomas. The workshop was led by NSQF Level 6 Trainer, Mr. Sherin Kalathil. Mr. Sherin engaged the students with his expertise and conducted various activities aimed at developing their soft skills. The primary focus of the workshop was to equip the students with the necessary skills and knowledge required to excel in interviews and professional settings. There were four sessions in two days. 38 students attended the workshop. The Soft Skill Development Workshop received overwhelming positive feedback from the students. The workshop provided a platform for students to enhance their employability skills and gain confidence in facing job interviews and professional interactions.



Brochure of Soft Skill Training Workshop on Enhancing Communication with Confidence



Department Of Communicative English
in association with
IQAC & PLACEMENT CELL
NEWMAN COLLEGE, THODUPUZHA
organise
**A Softskill Training Workshop on
Enhancing Communication with
Confidence**

Resource Person
SHERIN KALATHIL
NSQF Level 6 Trainer



TRAINNOVATE
Explore & Experience

 11 & 12 July 2022
 10 am - 4 pm
 MMP Hall

Co-ordinator: SherinVarghese

11-07-2022

Session 1: Building confidence in communication.

Time :10 am to 12pm

Session 2: Overcoming Communication Barriers.

Time :2pm to 4pm

12-07-2022

Session 1: Building Rapport and Trust Through Communication

Time :10 am to 12pm

Session 2: Interaction.

Time :2pm to 4pm

Objectives of the programme: To equip the students with the necessary skills and knowledge required to excel in interviews.

Expected Outcome: Students are expected to gain valuable insights and guidance on how to present themselves effectively during interviews.



Photos of the Soft Skill Workshop on Enhancing Communication with Confidence



Screenshot of feedback of a student who attended the Soft Skills Development Workshop



**List of Students Participated in Soft Skill Training Workshop on Enhancing
Communication with Confidence**

Sl. No.	Name	Department
1	Abhaya John	Commerce
2	Abhirami Girish	Commerce
3	Abin James	Commerce
4	Adhil Zakeer	Commerce
5	Adithyan M S	Commerce
6	Akhil Ps	Commerce
7	Alan Santo	Commerce
8	Alphonsa Sunny	Commerce
9	Althaf Easa	Commerce
10	Ananthapadmanabhan K	Commerce
11	Anju Arun	Commerce
12	Annu Saji	Commerce
13	Arathi Rajesh	Commerce
14	Ashly Jain	Commerce
15	Asin Christo Noble	Commerce
16	Avinash G	Commerce
17	Barnamol Raju	Commerce
18	Beema Navaz	Commerce
19	Clifford K Manoj	Commerce
20	Dilna A Salim	Commerce
21	Fathima Abbas	Commerce
22	Fenna Maria John	Commerce
23	Ganga K J	Commerce
24	Gayathri Harikumar	Commerce
25	Geethu K J	Commerce
26	Giri K J	Commerce
27	Gopika Suresh	Commerce
28	Gouri K	Commerce
29	Isha Elizabeth Sunil	Commerce
30	Jefin K Jose	Commerce
31	Jesna Joseph	Commerce
32	Johns Baby	Commerce
33	Joseph Rex	Commerce
34	Josna Jose	Commerce
35	Manu V Kuriakose	Commerce
36	Nikhil Jomy	Commerce
37	Ponnu Rajesh	Commerce
38	Robin George Babu	Commerce

Jyoti





Critical Thinking Skills Development Workshop


Title of the programme	Critical Thinking Skills Development Workshop
Date of the programme	16-08-2022 to 17-08-2022
Organizing Department/Cell	Department of Chemistry
Number of Students Enrolled	39
Name of the Resource Person	Dr Bejoy Thomas, Assistant Professor, Department of Chemistry, Newman College, Thodupuzha, Kerala
Objectives of the programme	To provide strategies for effective critical thinking.
Outcomes of the programme	Attendees gained practical insights into problem-solving strategies and developed cognitive flexibility.

Report:

The workshop on August 16th and 17th 2022, commenced with an inaugural ceremony, featuring opening remarks and an introduction to the resource person, Dr Bejoy Thomas. Dr Bejoy Thomas, an Assistant Professor in the Department of Chemistry at Newman College, led engaging sessions on critical thinking skills development. Attendees actively participated in hands-on exercises, group activities, and discussions designed to provide practical experience in applying critical thinking skills. Case studies challenging participants to think critically were analyzed, spanning various fields to ensure a diverse range of problem-solving scenarios. An interactive question-and-answer session allowed participants to seek clarification and discuss specific challenges with Dr Bejoy Thomas. The event concluded with closing remarks expressing gratitude to Dr Bejoy Thomas for his valuable contributions, and certificates of participation were distributed to acknowledge attendees' active involvement.



Brochure of Critical Thinking Skills Development Workshop



NEWMAN COLLEGE
THODUPUZHA

DEPARTMENT OF CHEMISTRY

Topic: **CRITICAL THINKING SKILLS DEVELOPMENT WORKSHOP**

16/08/2022 and 17/08/2022

DR. BEJOY THOMAS

ASSISTANT PROFESSOR
DEPARTMENT OF CHEMISTRY
NEWMAN COLLEGE,
THODUPUZHA

COORDINATOR : **Dr-Anu-Mary-Joseph**
Department of Chemistry

PROGRAMMES

Date: 16/08/22
SESSION 1
TIME : 10AM -12 PM
INTRODUCTION TO ADAPTIVE PROBLEM SOLVING AND CRITICAL THINKING

SESSION 2
TIME : 2 PM -4 PM
DEVELOPING CRITICAL THINKING SKILLS

Date: 17/08/22
SESSION 3
TIME : 10AM -12 PM
INTEGRATING ADAPTIVE PROBLEM SOLVING AND CRITICAL THINKING INTO DAILY LIFE

SESSION 4
TIME : 2 PM - 4 PM
APPLYING ADAPTIVE PROBLEM SOLVING IN DIFFERENT CONTEXT

OBJECTIVE : TO PROVIDE STRATEGIES FOR EFFECTIVE CRITICAL THINKING

OUTCOME : ATTENDEES ARE EXPECTED TO GAIN PRACTICAL INSIGHTS INTO PROBLEM-SOLVING STRATEGIES AND DEVELOPED COGNITIVE FLEXIBILITY



Photos of the Workshop on Critical Thinking Skills Development on 16-08-2022



List of Participants of Critical Thinking Skills Development Workshop

Sl. No.	Name	Department
1	Adithya Manoj	Chemistry
2	Afin Thoufeek Sunil	Chemistry
3	Alsheeb Akbar	Chemistry
4	Alshifa V A	Chemistry
5	Ameena Asharaf	Chemistry
6	Ameena Ashraf	Chemistry
7	Anand M S	Chemistry
8	Aneesha M Anilkumar	Chemistry
9	Anjaly Anil	Chemistry
10	Anjitha Santhosh	Chemistry
11	Arya Krishnan	Chemistry
12	Ashkar Sakkeer	Chemistry
13	Ashna Najeeb	Chemistry
14	Beema Basheer	Chemistry
15	Beema N S	Chemistry
16	Devika Prameesh	Chemistry
17	Fathima Ummer	Chemistry
18	Gouripriya Nalinakshan	Chemistry
19	Jisna Jose	Chemistry
20	Kasyap H	Chemistry
21	Lakshmidevi S	Chemistry
22	Manasa C Attupilly	Chemistry
23	Sana Fathima	Chemistry
24	Sneha K	Chemistry
25	Surya Sukumaran	Chemistry
26	Vivek Sivadas	Chemistry
27	Aathira A Kumar	Chemistry
28	Akhila K S	Chemistry
29	Anfamol Sudheer	Chemistry
30	Anjali Biju	Chemistry
31	Anjaly Byju	Chemistry
32	Anju Anil	Chemistry
33	Archana S	Chemistry
34	Malavika Manoj	Chemistry
35	Navya Babu	Chemistry
36	Navya Radhakrishnan	Chemistry
37	Rahanas Yooseph	Chemistry
38	Sangeetha K A	Chemistry
39	Shadha Sidhique	Chemistry





Soft Skill Training Programme for Mindfulness and Stress Management

Title of the programme	Soft Skill Training Programme for mindfulness and Stress Management.
Date of the programme	11-11-2021 to 12-11-2021
Name of the Resource Person	Dr T. C. Thankachan, Principal, St. Thomas College for Teacher Education, Pala, Kerala.
Number of Students Enrolled	35
Organizing Department/Cell	Department of Chemistry, Newman College Thodupuzha
Objectives of the programme	To introduce participants to various mindfulness practices and techniques
Outcomes of the programme	Students gained skills for stress management

Report:

The "Soft Skill Training Programme for Mindfulness and Stress Management," held on November 11 and 12, 2021, emerged as a holistic exploration of essential skills for navigating the challenges of contemporary life. The inauguration ceremony marked the commencement of the programme, featuring addresses by esteemed faculty members and Dr T. C. Thankachan, the Principal of St. Thomas College for Teacher Education, Pala. The significance of mindfulness and stress management in today's fast-paced world was underscored, setting the tone for a transformative learning experience.



Brochure of Soft Skill Training Programme for Mindfulness and Stress Management

 **Newman College Thodupuzha**
DEPT OF CHEMISTRY

**Softskill Training Programme
for mindfulness and Stress
Management**

Dr.T.C.Thankachan
Principal, St. Thomas
College for teacher
Education, pala

[newmancollege.ac.in](http://www.newmancollege.ac.in)

Date: 11-11-2021 - 12-11-2021
Co ordinator: Dr. Jithin Joy

11-11-2021

Session 1: Introduction to mindfulness & stress management
Time: 10am to 12pm

Session 2: Mindful Communication & Emotional Intelligence
Time: 2pm to 4pm

Session 3: Mindful movement & self care
Time: 10am to 12pm

Session 4: Interactive session
Time: 2pm to 4pm

Objectives: To introduce participants to various mindfulness practices and techniques

Expected Outcomes:
Students are expected to gain skills for stress management

Coordinator: **Dr. Jithin Joy**
Dept. of chemistry



Photos of the Training Programme on Soft Skills on 11-11-2021



List of Students Participated in Soft Skill Training Programme for Mindfulness and Stress Management

Sl. No.	Name	Department
1	Adarsh Shaji	Chemistry
2	Adhithya Prasad	Chemistry
3	Alfiya Ali	Chemistry
4	Ameena K N	Chemistry
5	Anandu Sabu	Chemistry
6	Anas Basheer	Chemistry
7	Asna Navas	Chemistry
8	Atheena .P Yousaf	Chemistry
9	Athul Clement	Chemistry
10	Augustine Manoj	Chemistry
11	Beema Jaffer	Chemistry
12	Bismi Basheer	Chemistry
13	Delna Joseph	Chemistry
14	Dorcus Rachel James	Chemistry
15	George Dalu	Chemistry
16	Gouri Sankar	Chemistry
17	Ibrahim Khaleel P.J	Chemistry
18	Irin Sunny	Chemistry
19	Jincy Jose	Chemistry
20	K.S Ananthakrishnan	Chemistry
21	Lakshmi S	Chemistry
22	Maria Nivitha Alex	Chemistry
23	Mehana Ismail	Chemistry
24	Milan Johnson	Chemistry
25	Nandhana Shaji	Chemistry
26	Pradeepa G	Chemistry
27	Rohit Babu	Chemistry
28	Sachin Sajeev	Chemistry
29	Sahala Subair	Chemistry
30	Sayana Sunny	Chemistry
31	Shemeema Abdulkarim	Chemistry
32	Shifna Fathima	Chemistry
33	Soofiya Sainudeen	Chemistry
34	Sreeparvathy E.N	Chemistry
35	Thasnim Thaha	Chemistry

Ljial





Workshop on Presentation Skills

Title of the programme	Workshop on presentation skills (Online)
Date of the programme	14-10-2021 to 15-10-2021
Organizing Department/Cell	Department of Zoology
Number of Students Enrolled	40
Name of the Resource Person	Ms Anju B Kanjirakkattu, Assistant Professor, Dept of Zoology, Nirmala College, Muvattupuzha, Kerala.
Objectives of the programme	To improve participants' communication skills.
Outcomes of the programme	Attendees gained effective presentation skills.

Report:

The "Workshop on Presentation Skills," held on October 14 and 15, 2021, proved to be a highly engaging and educational event for participants seeking to enhance their communication abilities. The inaugural ceremony initiated the workshop with opening remarks from faculty members and the introduction of the resource person, Ms Anju B Kanjirakkattu, Assistant Professor in the Department of Zoology at Nirmala College, Muvattupuzha, Kerala. Ms Anju B Kanjirakkattu led the sessions, sharing valuable insights on effective communication, presentation structuring, and audience engagement.



Brochure of Workshop on Presentation Skills

Department of Zoology
Newman College, Thodupuzha

WORKSHOP ON PRESENTATION SKILLS

14/10/2022 & 15/10/2022

TIME
10:00 AM TO 04:00 PM

ANJU B KANJIRAKKATTU,
ASSISTANT PROFESSOR, DEPT OF ZOOLOGY, NIRMALA COLLEGE, MUVATTUPUZHA

COORDINATOR
MR. BANY JOY
DEPARTMENT OF ZOOLOGY

14-10-2021

SECTION 1

10 AM - 12 PM
INTRODUCTION TO EFFECTIVE PRESENTATION SKILLS

1 PM - 4 PM
DEVELOPING CONTENT FOR ENGAGING PRESENTATION

SECTION 2

10 AM - 12 PM
MASTERING DELIVERY & AUDIENCE ENGAGEMENT

15-10-2021

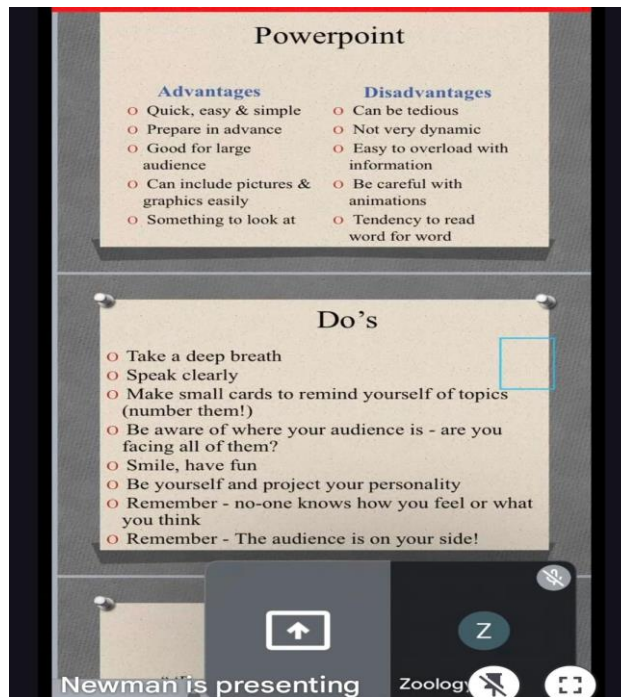
SECTION 1

1 PM - 4 PM
APPLYING PRESENTATION SKILLS IN VARIOUS CONTEST

SECTION 2

OBJECTIVE
TO IMPROVE PARTICIPANTS COMMUNICATION SKILLS

OUTCOME
ATTENDEES ARE EXPECTED TO GAIN EFFECTIVE PRESENTATION SKILLS



Photos of Workshop on Presentation Skills on 14-10-2021



List of Students Participated in Workshop on Presentation Skills

Sl. No.	Name	Department
1	Abhimon P Dinesh	Zoology
2	Aiswarya Roy	Zoology
3	Albin Shaji	Zoology
4	Amal Raveendran C T	Zoology
5	Amrutha K Sudhan	Zoology
6	Anjana G Krishnan	Zoology
7	Anjitha Raju	Zoology
8	Asin Augustine	Zoology
9	Beema Suneer	Zoology
10	Deepak	Zoology
11	Farhana K Y	Zoology
12	Gopika T S	Zoology
13	Hrudya Jaimon	Zoology
14	Irene David	Zoology
15	Jabirali P S	Zoology
16	Joms John	Zoology
17	Mariya Joseph	Zoology
18	Neenumol Biju	Zoology
19	Rosemary James	Zoology
20	Sivapriya R Thuruthel	Zoology
21	Souparnika Satheeshan	Zoology
22	Tessa Jose	Zoology
23	Aleena Antony	Zoology
24	Aleena Varghese	Zoology
25	Alfiya Shaji	Zoology
26	Amilda Rose Chacko	Zoology
27	Anjana T S	Zoology
28	Ansha P S	Zoology
29	Anshitha Jebbar	Zoology
30	Ashitha Rasheed	Zoology
31	Haripriya H	Zoology
32	Jim Jacob Saji	Zoology
33	Joyal Johnson	Zoology
34	Krishnendhu K P	Zoology
35	Nandana P R	Zoology
36	Nayana Raj	Zoology
37	Shyamilly P J	Zoology
38	Suhaana	Zoology
39	Swafva K K	Zoology
40	Teslin Mariate Sevy	Zoology

Joyal





Ethical Judgement and Integrity: A Soft Skill Training Programme


Title of the programme	Ethical Judgement and Integrity: A Soft Skill Training Programme
Date of the programme	06-05-2022 to 07-05-2022
Organizing Department/Cell	Department of Physics
Number of Students Enrolled	42
Name of the Resource Person	Prof. Biju Peter, Department of Chemistry, Newman College, Thodupuzha, Kerala.
Objectives of the programme	To provide participants with insights into the principles and processes of ethical decision-making.
Outcomes of the programme	Students gained expertise in Ethical Judgements.

Report:

The “Ethical Judgment and Integrity: A Soft Skill Training Programme,” Conducted on 06-05-2022 and 07/ 05/ 2022 provided a comprehensive exploration into the essential aspects of ethical decision-making and integrity in both personal and professional realms. The inaugural ceremony set the tone, with faculty members delivering opening remarks that emphasized the significance of ethical judgment. Prof. Biju Peter, the resource person and HOD of the Department of Chemistry at Newman College, conducted engaging sessions that delved into ethical decision-making and underscored the importance of maintaining integrity in various aspects of life.




Brochure of Ethical Judgement and Integrity: A Soft Skill Training Programme



NEWMAN COLLEGE
THODUPUZZHA

Department of Physics

Ethical Judgement And Integrity :- A Soft Skill Training Programme



Prof. Biju Peter

Department of Chemistry
Newman College
Thodupuzha

06/07/2022 | 10:00am

SECTION 1
10:00 AM - 12:00 PM
Understanding Ethical Judgement

SECTION 2
2:00 PM - 4:00 PM
Building Integrity in Professional Settings

07/07/2022 | 10:00am

SECTION 1
10:00 AM - 12:00 PM
Practical Application of Ethical Decision-Making

SECTION 2
2:00 PM - 4:00 PM
Sustaining Ethical Behaviour

OBJECTIVES
To provide participants with insights into the principles and processes of ethical decision making.

EXPECTED OUTCOME
Students gained expertise in Ethical Judgement

COORDINATOR
Dr. Simi N.J Department of Physics

COORDINATOR
Dr. Simi N.J
Department of Physics

06/05/2022
to
07/05/2022



**Photo of the Ethical Judgement and Integrity: A Soft Skill Training Programme on
06-05-2021**



List of Students Participated in Ethical Judgement and Integrity

Sl.No.	Name	Department
1	Akash Santhosh	Physics
2	Aleesha Joji	Physics
3	Althaf Sakkeer Hussain	Physics
4	Amritha S	Physics
5	Anandhu Sajeev	Physics
6	Anuja. M. S	Physics
7	Arun Govind	Physics
8	Aswin Pushparaj	Physics
9	Bismi Basheer	Physics
10	Jeteena Joseph	Physics
11	Kevin Raju	Physics
12	M. Krishnagadha	Physics
13	Mehar Jebeen	Physics
14	Nandana P M	Physics
15	Nandana S Pradeep	Physics
16	Shifana Siyad	Physics
17	Afna Ali	Physics
18	Alifna M E	Physics
19	Amrutha Money	Physics
20	Aswin Pushparaj	Physics
21	Fathima M Shaji	Physics
22	M. Krishnagadha	Physics
23	Rajalakshmi Kr	Physics
24	Ribin Roy	Physics
25	Shefna Nazar	Physics
26	Sreedevi Sabu	Physics
27	Abhijith Soman	Physics
28	Aiswarya G	Physics
29	Albin Raju	Physics
30	Aleena Shaji	Physics
31	Alfiya Hassan	Physics
32	Alisha Beevi	Physics
33	Alphin Biju	Physics
34	Aneeja Assis	Physics
35	Ann Mary Chacko	Physics
36	Anna Vincent	Physics
37	Anusha George	Physics
38	Arundhathy Shaji	Physics
39	Ashbin Benoy	Physics
40	Athulraj P. S	Physics
41	Ayoob Muhammed	Physics
42	Aysha Ks	Physics



Skill Building Section in Empowerment Through Soft Skills

Title of the programme	Skill Building Section for Empowerment Through Soft Skills
Date of the programme	10-05-2021 to 11-05-2021
Name of the Resource Person	Mr. Eldo Paulose. Corporate Trainer and National Level Certified NLP Practitioner Ernakulam
Number of Students Enrolled	39
Organising Department/ Cell	Department of Chemistry, Newman College, Thodupuzha
Objectives of the programme	Cultivate leadership qualities such as decision-making, problem-solving, and the ability to motivate and inspire others.
Outcomes of the programme	Improved verbal and written communication skills.

Report:

The Skill Building Section for "Empowerment through Soft Skills" program by Department of Chemistry on 10-05-2021 and 11-05-2021 aimed to enhance participants' interpersonal and personal development abilities. The sessions were handled by Mr. Eldo Paulose. Corporate Trainer and National Level Certified NLP Practitioner. Engagement throughout the Skill Building Section was consistently high. Participants actively participated in workshops, engaged in discussions, and embraced hands-on activities. Regular feedback sessions indicated a positive response to the dynamic and interactive nature of the program. The Skill Building Section successfully equipped participants with essential soft skills, contributing to their overall personal and professional growth. The positive outcomes observed underscore the importance of ongoing efforts in empowering individuals through the cultivation of these skills.



Brochure of Skill Building Section for Empowerment Through Soft Skills



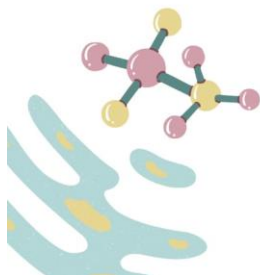
NEWMANCOLLEGE
THODUPUZZHA
DEPARTMENT OF CHEMISTRY

10-05-2021, 11-05-2021

TITLE : SKILL BUILDING SECTION FOR EMPOWERMENT
THROUGH SOFT SKILLS

RESOURCES PERSON : MR. ELDO PAULOSE

COORDINATOR : DR. JITHIN JOY
DEPARTMENT OF CHEMISTRY



10-05-2021

Section 1: 10 AM - 12 PM

COMMUNICATION SKILLS

Section 2: 02 PM - 04 PM

EMOTIONAL INTELLIGENCE

11-05-2021

Section 3: 10 AM - 12 PM

TEAMWORK and COLLABORATION

Section 4: 02 PM - 04 PM

LEADERSHIP and INFLUENCE

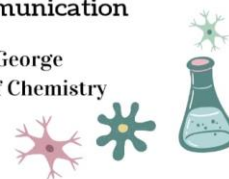
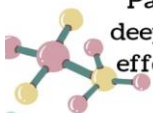
Objective :

Cultivate necessary soft skills to effectively communicate, manage, emotions, work collaboratively

Outcome :

Participants are expected to developed a deeper understanding of the importance of effective learning active listening and non verbal communication

Coordinator : Dr.Cincy George
Department of Chemistry





Photos of Skill Building Section for Empowerment Through Soft Skills on 10-05-2021



List of Students Participated in Skill Building Section for Empowerment Through Soft Skills

Sl. No.	Name of Students	Department
1	Adithya Manoj	Chemistry
2	Afin Thoufeek Sunil	Chemistry
3	Alsheeb Akbar	Chemistry
4	Alshifa V A	Chemistry
5	Ameena Asharaf	Chemistry
6	Ameena Ashraf	Chemistry
7	Anand M S	Chemistry
8	Aneesha M Anilkumar	Chemistry
9	Anjaly Anil	Chemistry
10	Anjitha Santhosh	Chemistry
11	Arya Krishnan	Chemistry
12	Ashkar Sakkeer	Chemistry
13	Ashna Najeeb	Chemistry
14	Beema Basheer	Chemistry
15	Beema N S	Chemistry
16	Devika Prameesh	Chemistry
17	Fathima Ummer	Chemistry
18	Gouripriya Nalinakshan	Chemistry
19	Jisna Jose	Chemistry
20	Kasyap H	Chemistry
21	Lakshmidevi S	Chemistry
22	Manasa C Attupilly	Chemistry
23	Sana Fathima	Chemistry
24	Sneha K	Chemistry
25	Surya Sukumaran	Chemistry
26	Vivek Sivadas	Chemistry
27	Aathira A Kumar	Chemistry



28	Akhila K S	Chemistry
29	Anfamol Sudheer	Chemistry
30	Anjali Biju	Chemistry
31	Anjaly Byju	Chemistry
32	Anju Anil	Chemistry
33	Archana S	Chemistry
34	Malavika Manoj	Chemistry
35	Navya Babu	Chemistry
36	Navya Radhakrishnan	Chemistry
37	Rahanas Yooseph	Chemistry
38	Sangeetha K A	Chemistry
39	Shadha Sidhique	Chemistry



Knowing Myself - Training Session for Mindset for College students

Title of the programme	Knowing Myself - Training Session for Mindset for College students
Date of the programme	26-03-2021 to 27-03-2021
Organising Department/ Cell	Department of Zoology
Number of Students Enrolled	39
Name of the Resource Person	Dr Nelson P Abraham, Former HOD, Dept of Zoology, St Thomas College, Kozhencherry.
Objectives of the programme	It aims to foster resilience and a growth mindset.
Outcomes of the programme	Students gained more empowered and self-assured mindset.

Report:

The "Knowing Myself" training session for college students, conducted on 26-03-2021 and 27-03-2021 by Dr Nelson P Abraham, Former HOD of the Department of Zoology at St. Thomas College, Kozhencherry, was a transformative and insightful event. The session commenced with a thoughtful exploration of personal strengths, values, and aspirations, fostering a sense of self-awareness among the participants. The interactive nature of the session facilitated engaging discussions, allowing students to share their experiences and learn from one another. In conclusion, the "Knowing Myself" program under the guidance of Dr Nelson P Abraham proved to be a valuable initiative, leaving a lasting impact on college students. The session's success lies in its ability to inspire self-reflection, foster a growth mindset, and equip students with practical tools for personal development, setting a positive tone for their college journey.



Brochure of Knowing Myself: Training Session for Mindset for College students



NEWMAN COLLEGE
THODUPUZHA

DEPARTMENT OF ZOOLOGY

KNOWING MYSELF - TRAINING SESSION
FOR MINDSET FOR COLLEGE STUDENTS

DR. NELSON P ABRAHAM , FORMER
HOD , DEPARTMENT OF ZOOLOGY ,
ST THOMAS COLLEGE
KOZHENCHERRY

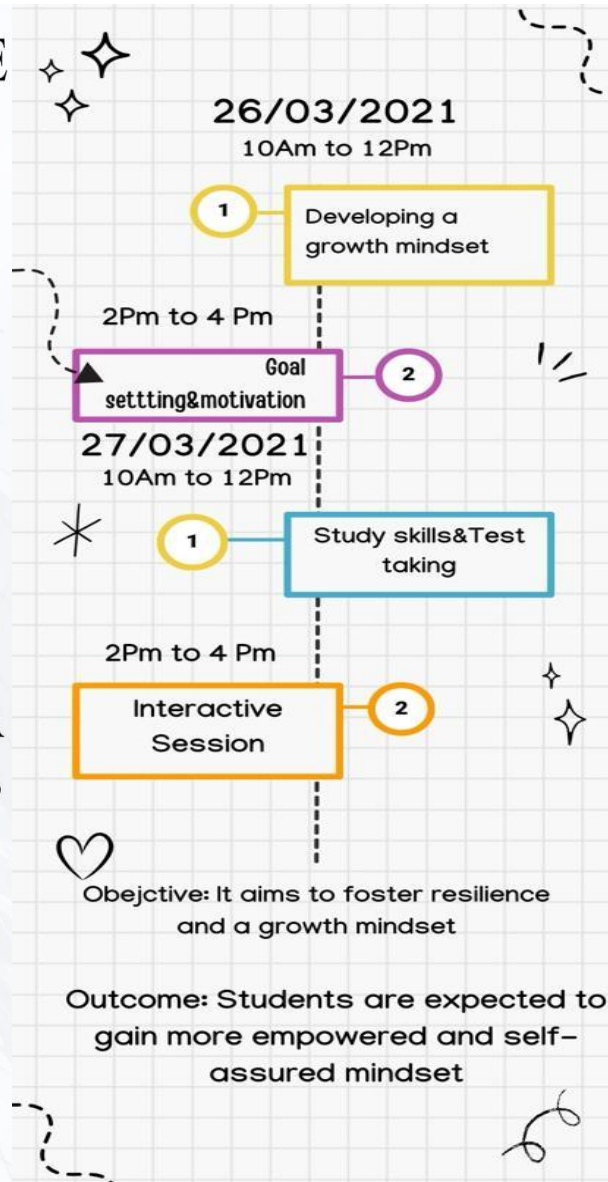


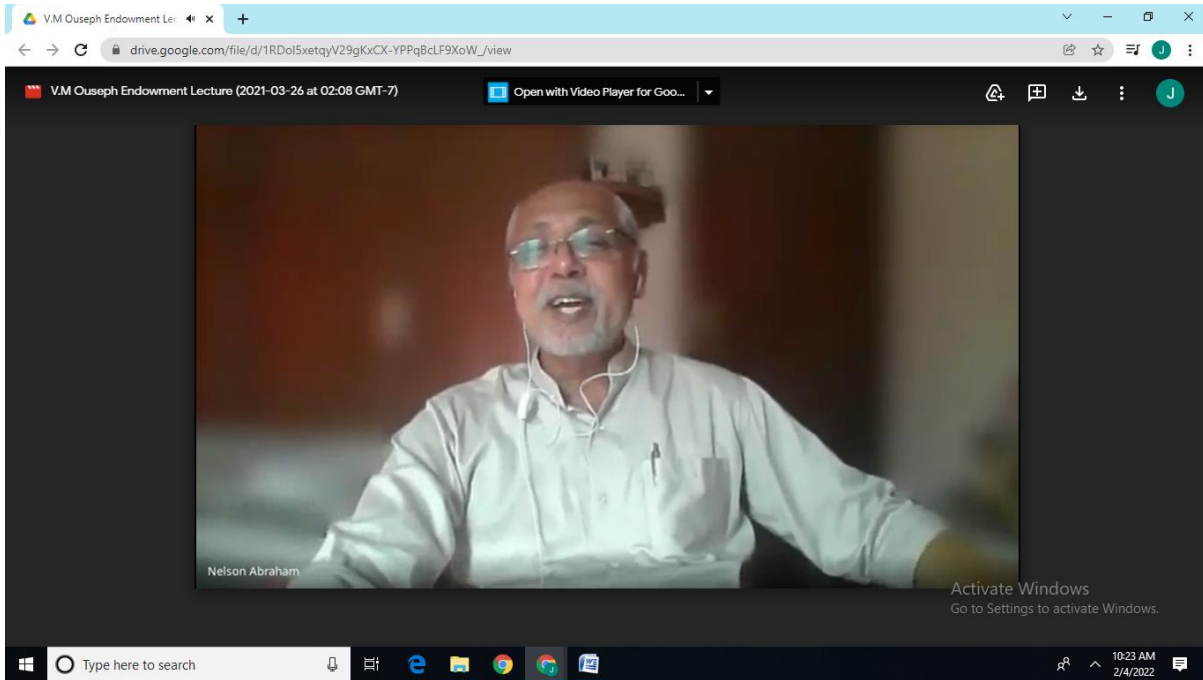
26/03/2021 & 27/03/2021

COORDINATOR
MR. BANY JOY



10:00 AM TO 04:00 PM





Photos of the Program on Knowing Myself: Training Session for Mindset for College students on 26-03-2021



List of Students Participated in Knowing Myself: Training Session

Sl. No.	Name of Students	Department
1	Adithya T.	Zoology
2	Aleena George	Zoology
3	Anan S.	Zoology
4	Aryananda Sivan	Zoology
5	Aswin Raj	Zoology
6	Bismi Shakkeer	Zoology
7	Elizabeth Vincent	Zoology
8	Fathima Salim	Zoology
9	Fathima Thaha	Zoology
10	Jeslin Johny	Zoology
11	Jyothis V. Raj	Zoology
12	Merin Benny	Zoology
13	Mini Mohan	Zoology
14	Nandana Santhosh	Zoology
15	Priya Raj	Zoology
16	Romal Roy	Zoology
17	Sonat Brigit Manoj	Zoology
18	Stanjo Titus	Zoology
19	Theertha S.	Zoology
20	Abin Sabu	Zoology
21	Adithya Radhakrishnan	Zoology
22	Anjitha Joy	Zoology
23	Arya A. Pillai	Zoology
24	Ashamol Babu	Zoology
25	Beema Basheer	Zoology
26	Beemamol C. A.	Zoology
27	Devika Biju	Zoology
28	Devika Saji	Zoology
29	Geethu Yohannan	Zoology
30	Hajara Nowshad	Zoology
31	Jithin P. J.	Zoology
32	Josna George	Zoology
33	Krishnaprabha E. V.	Zoology
34	Mubeena Basheer	Zoology
36	Rizwana Fathima	Zoology
37	Stephin Shaju	Zoology
38	Tintu Thomas	Zoology
39	Treesa Shaji	Zoology

Bye!





Workshop on Seminar Presentation Skills

Title of the programme	Workshop on Seminar Presentation Skills
Date of the programme	05-01-2021 to 15-01-2021
Organising Department/ Cell	Department of Physics
Number of Students Enrolled	36
Name of the Resource Person	Dr. Beena Mary John, Mr. Noble C Kurian, Dr. Indu Sebastian and Dr. Simi N J, Department of Physics, Newman College Thodupuzha, Kerala
Objectives of the programme	To develop and enhance students' public speaking capabilities.
Outcomes of the programme	Students gained an improvement in confidence.

Report:

The Research and Postgraduate Department of Physics at Newman College conducted a "Seminar Presentation Skill Training" program for BSc students. The seminar presentation skill training spanned Ten days, during which students were exposed to various aspects of effective presentation techniques. The program aimed at equipping participants with the necessary skills to articulate their ideas coherently, engage the audience, and utilize visual aids effectively. Teachers from the department, Dr. Beena Mary John, Mr. Noble C Kurian, Dr. Indu Sebastian and Dr. Simi N J served as resource persons, leveraging their expertise to guide student. A total of 36 BSc third year students actively participated in the training program. Each student was assigned a specific topic. They were tasked with preparing a comprehensive PowerPoint presentation and delivering it within a 15-minute timeframe.



Brochure of Workshop on Seminar Presentation Skills



Newman College Thodupuzha

Department of physics

Title of the programme:

Workshop on seminar Presentation skills

Date :

05-01-2021 to 15-01-2021

Resource persons:

**Dr.Beena Mary
John,Mr. Noble C
Kurian,Dr.Indu
Sebastian &Dr.Simi NJ**
Deot. of Physics,Newman college Thodupuzha



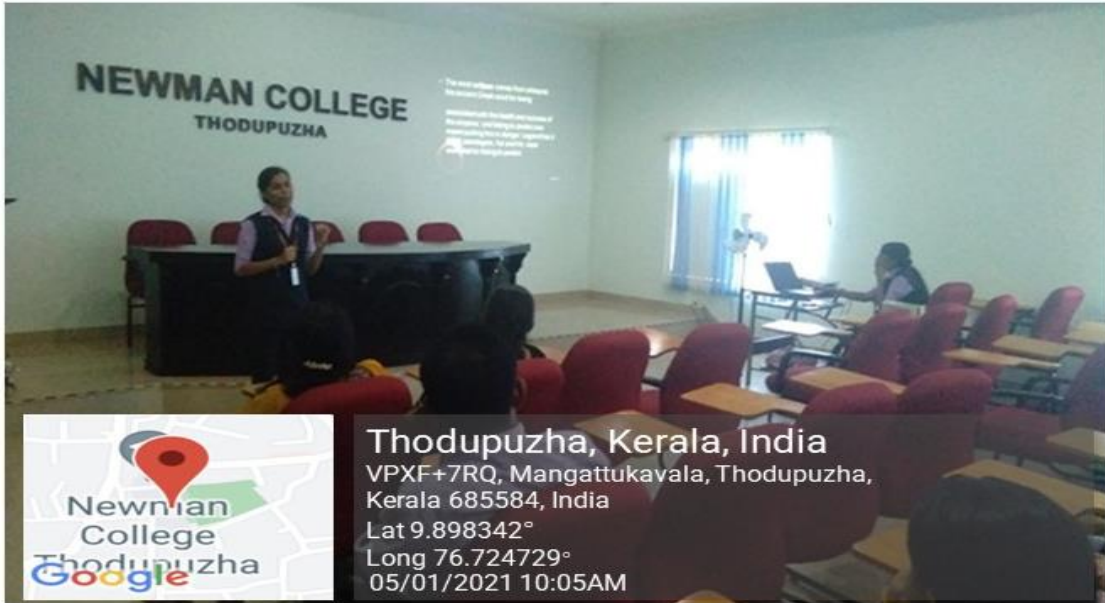
Objectives:

To develop and enhance student's public speaking capabilities

Expected outcome:

Students are expected to gain an improvement in confidence.

Co ordinator: **Dr. Indu Sebastian**
Dept.of physics



Photos of Workshop on Seminar Presentation Skills on 05-01-2021



List of Students Participated in Workshop on Seminar Presentation skills

Sl. No.	Name of Students	Department
1	Akash Santhosh	Physics
2	Aleesha Joji	Physics
3	Althaf Sakkeer Hussain	Physics
4	Amritha S	Physics
5	Anandhu Sajeev	Physics
6	Anuja.M.S	Physics
7	Arun Govind	Physics
8	Aswin Pushparaj	Physics
9	Bismi Basheer	Physics
10	Jeteena Joseph	Physics
11	Kevin Raju	Physics
12	M. Krishnagadha	Physics
13	Mehar Jebeen	Physics
14	Nandana P M	Physics
15	Nandana S Pradeep	Physics
16	Shifana Siyad	Physics
17	Afna Ali	Physics
18	Alifna M E	Physics
19	Amrutha Money	Physics
20	Aswin Pushparaj	Physics
21	Fathima M Shaji	Physics
22	M. Krishnagadha	Physics
23	Rajalakshmi Kr	Physics
24	Ribin Roy	Physics
25	Shefna Nazar	Physics
26	Sreedevi Sabu	Physics
27	Akshay Hari	Physics
28	Alan Thomas	Physics
29	Arjun R. Nadh	Physics
30	Aswathy Money	Physics
31	Athul Raj	Physics
32	Edwin Jaison	Physics
33	Gayatri Purushothaman	Physics
34	Gowtham Kumar	Physics
35	Roshan Benny	Physics
36	Salu Sasi	Physics





Workshop on Soft Skills and Personality Development


Title of the programme	Workshop on Soft Skills and Personality Development
Date of the programme	18-01-2021 to 19-01-2021
Organising Department/ Cell	Department of Commerce
Number of Students Enrolled	34
Name of the Resource Person	Lt. Prageesh C Mathew Asst. Professor, Dept. of Commerce, Newman College Thodupuzha, Kerala.
Objectives of the programme	To enhance participants' soft skills.
Outcomes of the programme	Students gained ability to apply and integrate the acquired skills.

Report:

The "Workshop on Soft Skills and Personality Development," conducted on January 18 and 19 2021, by Lt. Prageesh C Mathew, Assistant Professor in the Department of Commerce, was a resounding success. Lt. Prageesh's expertise and engaging facilitation created an enriching learning environment for participants. The workshop effectively covered a range of soft skills, including communication, time management, and stress coping mechanisms, while also focusing on aspects of personality development such as self-confidence and interpersonal skills. The interactive nature of the workshop, incorporating role-playing and practical exercises, allowed participants to actively engage with and apply the concepts learned. Attendees reported a notable improvement in their abilities to make informed decisions, manage their time more efficiently, and navigate interpersonal dynamics with greater ease.



Brochure of Workshop on Soft Skills and Personality Development




NEWMAN COLLEGE
THODUPUZHA

DEPARTMENT OF
COMMERCE

WORKSHOP ON SOFT SKILLS AND
PERSONALITY DEVELOPMENT

LT. PRAGEESH C MATHEW ASST.
PROFESSOR , DEPARTMENT OF
COLLEGE - NEWMAN COLLEGE
THODUPUZHA



18/01/2021 & 19/01/2021
10:00 AM TO 04:00 PM


COORDINATOR
MS. BEENA DEEPTHI LOUIS
DEPARTMENT OF COMMERCE


18/01/2021

10 Am to 12 Pm

1 SECTION
Introduction to soft skills & Personality Development

2 SECTION
Leadership & Teamwork







19/ 01/2021

2 Pm to 4 Pm

1 SECTION
Leadership & Teamwork

2 SECTION
Time Management & Goal setting





Objective: To enhance participants life skills

Outcome: Students are expected to gain ability to apply and integrate the acquired skills



Photos of Workshop on Soft Skills and Personality Development on 18-01-2021



List of Students Participated in Workshop on Soft Skills and Personality Development

Sl. No.	Name	Department
1	Abhishek Sibi Thundiyl	Commerce
2	Ajais Babu	Commerce
3	Anila Vinod	Commerce
4	Aparna Venugopal	Commerce
5	Arya P. S.	Commerce
6	Arya Sajeev	Commerce
7	Austin Benny	Commerce
8	Avani S.	Commerce
9	Fathimathu Suhra E. N.	Commerce
10	Gokul P. Aravind	Commerce
11	Gopika Jayachandran	Commerce
12	Hashnamol Asharaf	Commerce
13	Jayalakshmi Vijayan	Commerce
14	Jomin Mathew	Commerce
15	Kaviya Madhavan	Commerce
16	Mubeena Thajudeen	Commerce
17	Nandana Mohan	Commerce
18	Nimisha Saju	Commerce
19	Ostin Jose	Commerce
20	Revathy P. S.	Commerce
21	Rincymol Xavier	Commerce
22	Saritha C.	Commerce
23	Sreejith G.	Commerce
24	Abiya Thomas	Commerce
25	Akhil P. S.	Commerce
26	Aleena Babu	Commerce
27	Aleena Jaison	Commerce
28	Aleena Sunny	Commerce
29	Alisha Francis	Commerce
30	Amala Francis	Commerce
31	Amalu Chandran	Commerce
32	Ameena Sherin	Commerce
33	Anandhu M. Prasad	Commerce
34	Ananthu Sajeev	Commerce

S. J. J.



DR. BIJMOI THOMAS
PRINCIPAL
NEWMAN COLLEGE, THODUPUZHA
PEN: 467337



Soft Skill Training Programme on Motivation and Leadership

Title of the programme	Soft Skill Training Programme on Motivation and Leadership
Date of the programme	16-02-2020 to 17-02-2020
Name of the Resource Person	Dr Suja Karthika, Motivational speaker, Cine Actor and Lecturer of Hong Kong Metropolitan University, Hong Kong
Number of Students Enrolled	30
Organising department/ Cell	Walk with a Scholar
Objectives of the programme	To enhance the understanding of motivation and its role in personal and professional success.
Outcome of the programme	Students gained a positive mindset and enhance self-confidence.

Report:

The Soft Skill Training Programme on Motivation and Leadership conducted by Walk With Scholar on 16-02-2020 and 17-02-2020 was a highly successful event. The training was led by Dr Suja Karthika, Motivational speaker, Cine Actor and Lecturer of Hong Kong Metropolitan University, Hong Kong. The participants were engaged and enthusiastic throughout the programme, and they gained valuable insights and skills. The feedback from the participants was overwhelmingly positive, and they expressed their gratitude for the opportunity to learn from Dr Suja Karthika.



Brochure of Soft Skill Training Programme on Motivation and Leadership

NEWMAN COLLEGE
THODUPUZHA
DEPARTMENT OF CHEMISTRY

TOPIC: **SOFT SKILL TRAINING PROGRAMME ON MOTIVATION AND LEADERSHIP**

16-02-2020 , 17-02-2020

Resources person :
SUJA KARTHIK, ACTRESS, AND MOTIVATIONAL

COORDINATOR :
DR : CINNAL JOSE
DEPARTMENT OF CHEMISTRY

16-2-2020
Session 1:
UNDERSTANDING THEORIES OF MOTIVATION
Time : 10 am to 12pm

16-2-2020
Session 2:
BUILDING SELF MOTIVATION
Time : 2pm to 4pm

17-2-2020
Session 1:
ROLE OF A LEADER IN MOTIVATING & INSPIRING THEIR TEAM
Time : 10am to 12pm

17-2-2020
Session 2:
MOTIVATING OTHERS
Time : 2pm to 4pm

OBJECTIVE :
To enhance the understanding of motivation and its role in personal and professional success

OUTCOME :
Students are expected to gain a positive mindset And enhance self-confidence.



Photos of the programme : Soft Skill Training Programme on Motivation and Leadership on 16-02-2020



List of Students Participated in the Soft Skill Training Programme on Motivation and Leadership

Sl. No.	Name	Department
1	Ansiya Shajahan	Mathematics and Statistics
2	Jose Sebastia	Mathematics and Statistics
3	Aswathy Rajan	Mathematics and Statistics
4	Aika Aji	Mathematics and Statistics
5	Nandana M	Mathematics and Statistics
6	Aswathy Francis	Botany and Biotechnology
7	Namitha Gopal	Botany and Biotechnology
8	Anupa K Babu	Botany and Biotechnology
9	Amnesmon Baby	Zoology
10	Diya K George	Zoology
11	Aamina Mehzin	Zoology
12	Bincy Baiju	Malayalam
13	Biji Mol Vinod	Malayalam
14	Vijayalekshmi V	Physics
15	Sruthy K. S	Physics
16	Andrew Jose	Literature
17	Aisha Japhar	Literature
18	Surya K.S	Literature
19	Nimitha Gautham	Chemistry
20	Lakshmi Priya S	Chemistry
21	AshnaMol Rasheed	Chemistry
22	Abin Jolly	History
23	Sheena John	History
24	Fathima K.A	History
25	Shefna Salim	Economics
26	Don P Thankachan	Economics



NEWMAN COLLEGE
THODUPUZHA, KERALA - 685585

Reaccredited by NAAC with A grade (Cycle 3, CGPA 3.32)

Affiliated to Mahatma Gandhi University

www.newmancollege.ac.in

principal@newmancollege.ac.in

27	Akhila Mathew	Commerce
28	Anu Mohanan	Commerce
29	Thasni Hussain	Commerce
30	Bismi Hammed	Commerce



DR. BIJMOL THOMAS
PRINCIPAL
NEWMAN COLLEGE, THODUPUZHA
PIN- 685585



Unlocking Potential: Soft Skill Training for Personal Development

Title of the programme	Unlocking Potential: Soft Skill Training for Personal Development
Date of the programme	09-02-2020 to 10-02-2020
Name of the Resource Person	Mr Rahul Kammath, General Manager, GIIMS, Cochin, Kerala.
Number of Students Enrolled	38
Organising Department/ Cell	Department of Economics
Objectives of the programme	To introduce participants to a range of soft skills essential for success.
Outcome of the programme	The participants gained enhanced ability to apply soft skills in personal and professional settings.

Report:

This program, "Unlocking Potential: Soft Skill Training for Personal Development," on 9-02-2020 and 10-02-2020 was designed to provide participants with the knowledge and skills they need to develop their soft skills and achieve their full potential. The program was led by Mr Rahul Kammath, General Manager, GIIMS Kochi, who has extensive experience in training and developing individuals. The program was very successful in achieving its objectives. Participants gained a deeper understanding of the importance of soft skills and learned practical strategies for developing and improving their skills. They also had the opportunity to apply their new skills in real-world scenarios. The program provided participants with the knowledge and skills they need to develop their soft skills and achieve their full potential. We encourage all individuals to invest in developing their soft skills as they are essential for success in both personal and professional life



Brochure of Unlocking Potential: Soft Skill Training for Personal Development



NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

DAY 1 - 09 February 2020
Session 1: (10 am - 12 pm)
Introduction to Personal Development
Session 2: (2 pm - 4 pm)
Building Self Motivation

DAY 2 - 10 February 2020
Session 1: (10 am - 12 pm)
Importance of Motivating Others
Session 2: (2 pm - 4 pm)
Strategies for Maintaining Motivation and Engagement in the Long Term

Objectives of the Programme:
To introduce participants to a range of soft skills essential for success.

Expected Outcome:
The participants are expected to gain enhanced ability to apply soft skills in personal and professional settings.






NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

**Unlocking Potential:
SOFT SKILL TRAINING FOR
PERSONAL DEVELOPMENT**

organized by
Department of Economics

Resource Person:
**Mr Rahul Kammath, General Manager,
GIIMS Kochi**

Date:
09-10 Feb. 2020

Coordinator:
Mr. Ratheesh E R
Assistant Professor
Department of Economics






Photos of the Program on Unlocking Potential: Soft Skill Training for Personal Development on 09-10-2020



List of Students Participated in Unlocking Potential: Soft Skill Training for Personal Development

SI No.	Name	Department
1	Aiswarya P A	Economics
2	Aparna N S	Economics
3	Saranya Sivarajan	Economics
4	Athul Krishnan	Economics
5	Ammu V Shaji	Economics
6	Ann Mary Joseph	Economics
7	Bismi Benchamin	Economics
8	Parvathi Sankar	Economics
9	Adona Jose	Economics
10	Alphons Mariya Thomas	Economics
11	Anasooya Sunder	Economics
12	Beema Ismial	Economics
13	Janat Jose	Economics
14	Unnimaya Manoj	Economics
15	Arya Babu	Economics
16	Anugrah Jaison	Economics
17	Ahammed Shefeek M A	Economics
18	Alan Jose Abraham	Economics
19	Albin Joshy	Economics
20	Dinny Sebastian	Economics
21	Maya B Suresh	Economics
22	Muhammad Husain P	Economics
23	Aneena Iyppachan	Economics
24	Merin James	Economics
25	Thomas Babu	Economics
26	Akhila S	Economics
27	Alfiya Saidumuhammad	Economics
28	Alok James	Economics
29	Amalamol Thomas	Economics
30	Anagha Reghu	Economics
31	Angel Mary Soy	Economics
32	Anjalo Jacob	Economics
33	Anjana Mohan	Economics
34	Ann Mariya Biju	Economics
36	Anson Manoj	Economics
37	Anugraha Sajeev	Economics
38	Anusha Navas	Economics

Dr. Bhimol Thomas





Sharpening Your Soft Skills: A Practical Workshop for Success

Title of the programme	Sharpening Your Soft Skills: A Practical Workshop for Success
Date of the programme	15-11-2019 to 16-11-2019
Name of the Resource Person	Dr Bejoy Thomas Department of Chemistry Newman College Thodupuzha, Kerala
Number of Students Enrolled	37
Organising Department/ Cell	Department of Chemistry
Objectives of the programme	To increase awareness of the importance of soft skills.
Outcome of the programme	Participants gained knowledge on strengths and weaknesses in key soft skills .

Report

The workshop was held on 15-11-2019 and 16-11-2019 at Newman College Thodupuzha. A total of 37 participants attended the workshop, including students, faculty, and staff. The workshop was conducted in a participatory and interactive manner. Participants were actively engaged in discussions, exercises, and activities. Dr. Bejoy Thomas, from the Department of Chemistry at Newman College Thodupuzha, was the resource person for the workshop. Dr. Bejoy Thomas is an expert in soft skills training and has extensive experience in delivering workshops and training programs. The participants engaged in a variety of activities throughout the workshop, including: Self-assessments to identify their strengths and weaknesses in soft skills, Group discussions to share experiences and strategies for improving soft skills, role-playing exercises to practice applying soft skills in real-world situations, Individual action planning to set goals for improving soft skills



Brochure of the programme: Sharpening Your Soft Skills: A Practical Workshop for Success



NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

SHARPENING YOUR SOFT SKILLS: A PRACTICAL WORKSHOP FOR SUCCESS

organized by
Department of Chemistry

WORKSHOP WILL BE HELD ON :

15 - 16 Nov. 2019

Resource Person :
Dr. BEJOY THOMAS
Department of Chemistry
Newman College, Thodupuzha

COORDINATOR

Dr. Cintil Jose
Department of Chemistry



NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

DAY 1 - 15 NOV 2019

SESSION 1: (10 AM - 12 PM)
INTRODUCTION TO SOFT SKILLS
SESSION 2: (2 PM - 4 PM)
COMMUNICATION & COLLABORATION

DAY 2 - 16 NOV 2019

SESSION 1: (10 AM - 12 PM)
EMOTIONAL INTELLIGENCE & CONFLICT RESOLUTION
SESSION 2: (2 PM - 4 PM)
ADAPTABILITY & TIME MANAGEMENT

OBJECTIVES:

To increase awareness of the importance of soft skills.

EXPECTED OUTCOME:

Participants are expected to gain knowledge on strengths and weaknesses in key soft skills.



Photos of the workshop: Sharpening Your Soft Skills: A Practical Workshop for Success on 15-11-2019



List of Students Participated in Sharpening Your Soft Skills: A Practical Workshop for Success

Sl. No.	Name	Department
1	Abijith T K	Chemistry
2	Ajai Jose	Chemistry
3	Ajai Antony	Chemistry
4	Ameena Sulaiman	Chemistry
5	Anakha Shaji	Chemistry
6	Anfamol Sudheer	Chemistry
7	Anjaly Byju	Chemistry
8	Anju Anil	Chemistry
9	Asnamol Shihab	Chemistry
10	Durga S	Chemistry
11	Haima Abul Karim	Chemistry
12	Jeffin Jose James	Chemistry
13	Karthika Mohan	Chemistry
14	Krishnapriya Aji	Chemistry
15	Mariya T Jomon	Chemistry
16	Naveen Mani	Chemistry
17	Navya Babu	Chemistry
18	Navya Radhakrishnan	Chemistry
19	Theres Johnson	Chemistry
20	Aiswaria Biju	Chemistry
21	Alphina Daniel	Chemistry
22	Amritha D S	Chemistry
23	Arathy Sajeev	Chemistry
24	Archana S	Chemistry
25	Dinu Jose	Chemistry
26	Gagana Lal	Chemistry
	Hisania Shajahan	Chemistry
27	Jithin Sam Stephen	Chemistry
28	Kiran Udayakumar	Chemistry
29	Maidhily M R	Chemistry
30	Milan Bobby	Chemistry
31	Pavithra Prasobhan	Chemistry
32	Pooja Das	Chemistry
33	Rigil Roji	Chemistry
34	Shabana Shamsudheen	Chemistry
36	Shafana Shamsudheen	Chemistry
37	Suhaira K A	Chemistry





Global Competitiveness: Soft Skill Development


Title of the programme	Global Competitiveness: Soft Skill Development Workshop,
Date of the programme	10-07-2019 to 11-07-2019
Name of the Resource Person	Mr. Martin Jacob, Associate Partner Global Business Service, IBM Swedan
Number of Students Enrolled	39
Organising Department / Cell	Department of Physics
Objectives of the programme	To bridge the gap between academic life and the professional world.
Outcome of the programme	Students gained networking opportunities to expand their professional networks.

Report:

The Department of Physics at Newman College organized a seminar on "Global Competitiveness" with a focus on soft skill development. Dr. Joe Jacob, a faculty member of the department, coordinated the program. The seminar on "Global Competitiveness" took place on 10th and 11th July 2019 in the premises of Newman College's Department of Physics. The event started at 10:00 AM . The seminar was open to all undergraduate and postgraduate students interested in enhancing their soft skills for global competitiveness. Dr. Joe Jacob commenced the event by welcoming all the students and introducing Mr. Martin Jacob Associate Partner Global Business Service, IBM Swedan as the esteemed guest speaker.



Brochure of the programme: Global Competitiveness: Soft Skill Development



Newman College
Department of
Physics

Global Competitiveness : Soft skill Development

Mr. Martin Jacob Associate
Partner Global Business Service
IBM Swedan

10/07/2019 & 11/07/2019
10:00 am – 4:00pm

Coordinator
Dr. Beena Mary John

10/07/2019

section-1 Understanding Global Competitiveness

Developing Soft Skills **section-2**

11/07/2019

Effective Communication :A Global Context **section-1**

section-2 networking&building professional relationships

objectives of the programme
To bridge the gap between academic life and the professional world

outcome
Students are expected to gain networking opportunities to expand their professional networks



Welcome by Dr Joe Jacob



Feedback by Nimmy Treasa Thomas, B Sc Student



List of Students Participated in Global Competitiveness: Soft Skill Development Workshop

Sl. No.	Name	Department
1	Akash Santhosh	Physics
2	Aleesha Joji	Physics
3	Althaf Sakkeer Hussain	Physics
4	Amritha S	Physics
5	Anandhu Sajeev	Physics
6	Anuja.M.S	Physics
7	Arun Govind	Physics
8	Aswin Pushparaj	Physics
9	Bismi Basheer	Physics
10	Jeteena Joseph	Physics
11	Kevin Raju	Physics
12	M. Krishnagadha	Physics
13	Mehar Jebeen	Physics
14	Nandana P M	Physics
15	Nandana S Pradeep	Physics
16	Shifana Siyad	Physics
17	Afna Ali	Physics
18	Alifna M E	Physics
19	Amrutha Money	Physics
20	Aswin Pushparaj	Physics
21	Fathima M Shaji	Physics
22	M. Krishnagadha	Physics
23	Rajalakshmi Kr	Physics
24	Ribin Roy	Physics
25	Shefna Nazar	Physics
26	Sreedevi Sabu	Physics
27	Akshay Hari	Physics
28	Alan Thomas	Physics
29	Arjun R. Nadh	Physics
30	Aswathy Money	Physics
31	Athul Raj	Physics
32	Edwin Jaison	Physics
33	Gayatri Purushothaman	Physics
34	Gowtham Kumar	Physics
35	Roshan Benny	Physics
36	Salu Sasi	Physics
37	Abel Shaji	Physics
38	Abil George	Physics
39	Abraham C. John	Physics

J. J. J.





Workshop on Creativity and Enhancement Innovation for Skill Enhancement

Title of the programme	Workshop on Creativity and Innovation for Skill Enhancement
Date of the programme	25-02- 2019 to 26-02- 2019
Name of the resource person	Sri. Rajesh, HR Mentor, Director of CEST, Thrissur, Kerala.
Number of Students Enrolled	30
Objectives of the programme	This workshop provides practical tools and strategies to enhance your skills, encouraging a mindset that thrives on inventive thinking
Expected Outcome of the Programme	The workshop is expected to foster a dynamic learning environment, encouraging participants to actively engage in creative and innovative thinking.

Report

The Workshop on Creativity and Enhancement Innovation for Skill Enhancement, organized on 25 and 26 February 2019 as part of the Walk With a Scholar (WWS) program at Newman College, was a specialized mentoring initiative supported by the Government of Kerala's "New Initiatives in Higher Education." The primary objective of the program was to guide undergraduates in Arts, Science, and Commerce on their future paths, preparing them for employment, identifying opportunities, and providing motivation and mental support. The mentorship model envisioned mentors as both guides and friends, instrumental in cultivating the holistic development of mentees. It helped the participants to unlock the creative potential of participants. The program provided a dynamic learning experience designed to foster creativity and innovation. It offered practical tools and strategies to enhance skills, encouraging a mindset that thrives on inventive thinking. The workshop was an opportunity for participants to cultivate their creative prowess and elevate their innovative capabilities.



Brochure of the programme: Workshop on Creativity and Innovation for Skill Enhancement

Newman College
Thodupuzha

Walk With Scholar (WWS) Programme

Workshop on Creativity and Innovation for Skill Enhancement

Sri. Rajesh R.

Coordinator
Dr. Cintil Jose
Department of Chemistry

25/02/2019 & 26/02/2019
10:00 Am To 04:00 Pm

25/02/2019
10 AM TO 12 PM
SECTION-1
IDENTIFYING BARRIES TO CREATIVITY&INNOVATION
2 PM TO 4 PM
SECTION-2
FOSTERING A CREATIVE&INNOVATIVE CULTURE

26/02/2019
10 AM TO 12 PM
SECTION-1
GENERATING&DEVELOPING INNOVATIVE IDEAS
2 PM TO 4 PM
SECTION-2
IMPLEMENTING&SUSTAINING INNOVATION

OBJECTIVES
THIS WORKSHOP PROVIDES PRACTICAL TOOLS AND STRATEGIES TO ENHANCE YOUR SKILLS.ENCOURAGING A MINDSET THAT THRIVES ON INVENTIVE THINKING

OUTCOME
THE WORKSHOP FOSTERED A DYNAMIC LEARNING ENVIRONMENT.ENCOURAGING PARTICIPANTS TO ACTIVELY ENGAGE IN CREATIVE AND INNOVATIVE THINKING



Photos of the programme: Workshop on Creativity and Innovation for Skill Enhancement on 25-02-2019



List of Students Participated in the Workshop on Creativity and Innovation for Skill Enhancement

Sl. No.	Name	Course With Main
1.	Ansiya Shajahan	Mathematics and Statistics
2.	Jose Sebastian	Mathematics and Statistics
3.	Aswathy Rajan	Mathematics and Statistics
4.	Aika Aji	Mathematics and Statistics
5.	Nandana M	Mathematics and Statistics
6.	Aswathy Francis	Botany and Biotechnology
7.	Namitha Gopal	Botany and Biotechnology
8.	Anupa K Babu	Botany and Biotechnology
9.	Amnesmon Baby	Zoology
10.	Diya K George	Zoology
11.	Aamina Mehzin	Zoology
12.	Bincy Baiju	Malayalam
13.	Biji Mol Vinod	Malayalam
14.	Vijayalekshmi V	Physics
15.	Sruthy K. S	Physics
16.	Andrew Jose	Literature
17.	Aisha Jabbar	Literature
18.	Surya K.S	Literature
19.	Nimitha Gautham	Chemistry
20.	Lakshmi Priya S	Chemistry
21.	AshnaMol Rasheed	Chemistry
22.	Abin Jolly	History
23.	Sheena John	History
24.	Fathima K. A	History
25.	Shefna Salim	Economics
26.	Don P Thankachan	Economics



27.	Akhila Mathew	Commerce
28.	Anu Mohanan	Commerce
29.	Thasni Hussain	Commerce
30.	Bismi Hammed	Commerce



DR. BIJMOL THOMAS
PRINCIPAL
NEWMAN COLLEGE, THODUPUZHA
PIN- 685585



Training Programme on Enhancing Soft Skills for Future

Title of the programme	Training Programme on Enhancing Soft Skills for Future
Date of the programme	22-02-2019 to 23-02- 2019
Name of the resource person	Sri Jiji. K. Philip Social Worker and Teacher, Kulathinkal, Anakkara, Kerala. Pin-685512
Number of Students Enrolled	30
Objectives of the programme	This programme offers a dynamic blend of interactive learning and expert guidance
Expected Outcome of the Programme	To provide an interactive learning environment, encouraging participants to actively engage in skill enhancement.

Report

The Training Programme on Enhancing Soft Skills for the Future, organized on 22 and 23 February 2019 as part of the Walk With Scholar (WWS) program at Newman College, was a mentoring initiative generously funded by the Government of Kerala's "New Initiatives in Higher Education." The program was to guide undergraduate students in Arts, Science, and Commerce for their future endeavours, prepare them for employment, identify opportunities for higher study and employment, and provide motivation and mental support. The mentorship model embraces mentors as both guides and friends, playing a pivotal role in nurturing the holistic development of mentees. The program was able to embark on a transformative journey with a focus on enhancing essential skills for future success. The program offered a dynamic blend of interactive learning and expert guidance, intending to elevate participants' professional prowess and personal development.



Brochure of the Training Programme on Enhancing Soft Skills for Future

Newman College
Thodupuzha

Walk With A Scholar (WWS)
programme

Traning program On
Enhancing Soft Skills for
Future

Sri. Jiji .K. Philip

Coordinator
Dr. Cintil Jose
Department of Chemistry

22/02/2019 & 23/02/2019
10:00 Am to 04:00 Pm

22/02/2019

10 Am to 12 Pm

1 SECTION
Exploring different leadership styles & their impact on team dynamics

2 Pm To 4 Pm

2 SECTION
Building a high-performing

23/02/2019

10 Am to 12 Pm

1 SECTION
Leading & Motivating a Team

2 Pm To 4 Pm

2 SECTION
Sustaining high-performance & growth

Objectives: This programme offers a dynamic blend of interactive learning and expert guidance

Outcome: The programme provided an interactive learning environment, encouraging participants to actively engage in skill enhancement



Photo of the programme: Training Programme on Enhancing Soft Skills for Future on 23-02-2019



List of Students Participated in the Training Programme on Enhancing Soft Skills for Future

Sl. No.	Name	Course With Main
1.	SidharthR Vyloppilly	Mathematics and Statistics
2.	Arya S	Mathematics and Statistics
3.	Sebin Jose	Mathematics and Statistics
4.	Rosemary Jose	Botany and Biotechnology
5.	Sandra Sughathan	Botany and Biotechnology
6.	Badhusa M Rasak	Zoology
7.	Jasna Mol T.A	Zoology
8.	Aneesa P Sulaiman	Zoology
9.	Anumol Benny	Malayalam
10.	Jesna P Jose	Malayalam
11.	Nimmy Treesa Thomas	Physics
12.	Jowin T Jomin	Physics
13.	Jibin Binoy	Physics
14.	Meera Raju	Literature
15.	Mishel Benny	Literature
16.	Annu John	Chemistry
17.	Annu Jorly	Chemistry
18.	Sophiya Babu	Chemistry
19.	Silpa Francy	Chemistry
20.	Dijohn Jose	History
21.	Aby Sojan	History
22.	Neenu K Mathew	History
23.	Krishna Priya D	Economics
24.	Ann Mary Joseph	Economics
25.	Bismi Benchamin	Economics
26.	Anugrah Jaison	Economics



27.	George James	Economics
28.	Jeromy Thomas	Commerce
29.	Arya Sajeev	Commerce
30.	Thanveer S	Commerce



DR. BIJIMOL THOMAS
PRINCIPAL
NEWMAN COLLEGE, THODUPUZHA
PIN- 685585



The Art of Connections: Workshop on Building Rapport Skills

Title of the programme	The Art of Connections: Workshop on Building Rapport Skills.
Date of the programme	18-02-2019 to 19-02-2019
Name of the resource person	Sri James Xavier The Zone Vice President of J C I, Cochin, Kerala.
Number of Students Enrolled	29
Objectives of the programme	This interactive program is crafted to enhance your interpersonal skills and empower you with the art of building meaningful connections.
Expected Outcome of the Programme	Participants are expected to gain better understanding of the importance of building rapport in professional and personal relationship. They will learn practical strategies and techniques for maintaining rapport.

Report

The Art of Connections : Workshop on Building Rapport Skills on 18th and 19th February 2019 was an interactive program crafted to enhance interpersonal skills and empower participants with the art of building meaningful connections. The workshop focused on teaching practical techniques to establish trust, strengthen relationships, and leave a lasting positive impression. The goal was to elevate personal and professional interactions through transformative insights into successful rapport-building. The workshop was conducted by Sri James Xavier, The Zone Vice President of J C I, bringing valuable experience and insights into the art of building rapport. Through this workshop, the participants fostered an interactive learning environment, encouraging participants to actively engage in the process of building rapport. Participants learned practical techniques to establish trust, strengthen relationships, and leave positive impressions in both personal and professional settings. Sri James Xavier, with his role as The Zone Vice President of J C I, brought real-world expertise to the workshop, enriching the learning experience.



Brochure of the programme: The Art of Connections: Workshop on Building Rapport Skills

NEWMAN COLLEGE
Thodupuzha, Affiliated to MG university
Reaccredited with 'A' grade by NAAC

WALK WITH A SCHOLAR (WWS) PROGRAMME

THE ART OF CONNECTION: WORKSHOP ON BUILDING RAPPORT SKILLS

MAIN SPEAKER *James Xavier* Zone Vice President, JCI

18th and 19th Feb, 2023
10:00 am – 4:00pm

Coordinator: Dr. Cintil Jose

18/02/2019

10 AM TO 12 PM

SECTION-1

Understanding the importance of Rapport

2PM TO 4PM

SECTION-2

Strategies for establishing Rapport

19/02/2019

10 AM TO 12 PM

SECTION-1

Maintaining Rapport in Interactions

2PM TO 4PM

SECTION-2

Applying Rapport in professional contexts

OBJECTIVES OF PROGRAMME

CONNECT WITH SUCCESS: JOIN OUR WORKSHOP ON BUILDING RAPPORT! THIS INTERACTIVE PROGRAM IS CRAFTED TO ENHANCE YOUR INTERPERSONAL SKILLS AND EMPOWER YOU WITH THE ART OF BUILDING MEANINGFUL CONNECTIONS. LEARN PRACTICAL TECHNIQUES TO ESTABLISH TRUST, STRENGTHEN RELATIONSHIPS, AND LEAVE A LASTING POSITIVE IMPRESSION. ELEVATE PERSONAL AND PROFESSIONAL INTERACTIONS WITH THIS TRANSFORMATIVE WORKSHOP.

OUTCOME EXPECTED

PARTICIPANTS ARE EXPECTED TO GAIN BETTER UNDERSTANDING OF THE IMPORTANCE OF BUILDING RAPPORT IN PROFESSIONAL AND PERSONAL RELATIONSHIPS. THEY WILL LEARN PRACTICAL STRATEGIES AND TECHNIQUES FOR MAINTAINING RAPPORT.



Thodupuzha, Kerala, India

VPXF+7RQ, Mangattukavala, Thodupuzha,
Kerala 685584, India

Lat 9.898342°

Long 76.724729°

18/02/2019 11:33 AM

Photos of the programme: The Art of Connections: Workshop on Building Rapport Skills on 18-02-2019



List of Students Participated in the Workshop on Team Based Strategy Games for Basic Concepts

Sl. No.	Name	Department
1.	Ansiya Shajahan	Mathematics and Statistics
2.	Jose Sebastian	Mathematics and Statistics
3.	Aswathy Rajan	Mathematics and Statistics
4.	Aika Aji	Mathematics and Statistics
5.	Nandana M	Mathematics and Statistics
6.	Aswathy Francis	Botany and Biotechnology
7.	Namitha Gopal	Botany and Biotechnology
8.	Anupa K Babu	Botany and Biotechnology
9.	Amnesmon Baby	Zoology
10.	Diya K George	Zoology
11.	Aamina Mehzin	Zoology
12.	Bincy Baiju	Malayalam
13.	Biji Mol Vinod	Malayalam
14.	Vijayalekshmi V	Physics
15.	Sruthy K. S	Physics
16.	Andrew Jose	Literature
17.	Aisha Japhar	Literature
18.	Surya K.S	Literature
19.	Nimitha Gautham	Chemistry
20.	Lakshmi Priya S	Chemistry
21.	AshnaMol Rasheed	Chemistry
22.	Abin Jolly	History



23.	Sheena John	History
24.	Fathima K.A	History
25.	Shefna Salim	Economics
26.	Don P Thankachan	Economics
27.	Akhila Mathew	Commerce
28.	Anu Mohanan	Commerce
29.	Thasni Hussain	Commerce
30.	Bismi Hammed	Commerce



DR. BIJMOL THOMAS
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PEN: 467337



Workshop on Skill Development


Title of the programme	Workshop on Skill Development
Date of the programme	11-01-2019 to 12-01-2019
Organizing Department/Cell	Walk With the Scholar (WWS)Scheme
Name of the Resource Person	Day I: Victory and Hard work. Speaker: Sri. Abhishad Aziz, Motivational Speaker, Trainer, Coach. Guruvayoor, Thrissur, Kerala Day II: Excellence through Conflict Management Speaker: Sri. Eldose Paulose, Career Consultant and Cooperate Trainer
Number of students Enrolled	30
Objectives of the programme	To foster the soft skills of students
Outcome of the programme	Participants gained valuable insights and expertise on soft skill management for success in life.

Report

The Workshop in Soft Skill Development is an intensive program crafted to enhance essential interpersonal and communication skills. The workshop featured interactive sessions, hands-on exercises, and expert-led discussions designed to refine participants' soft skills. The overarching goal was to provide a valuable opportunity for students to boost their confidence, teamwork, and leadership abilities. The program aimed to be transformative, investing in the personal and professional success of participants in just two days. On the day of 11 and 12 January 2019, Sri. Abhishad Aziz, Chief trainer- explained everything that a growing student needs to build a bright future. He also included his own experiences to bring the picture of real-life success into the students' mind. Second day's programme was led by Sri Eldose Paulose, Career Consultant and Cooperate Trainer



Broucher of Workshop on Skill Development



NEWMAN COLLEGE
THODUPUZHA

WALK WITH SCHOLAR (WWS) SCHEME

WORKSHOP ON SKILL DEVELOPMENT

DAY 1 : VICTORY AND HARD WORK

SRI. ABHISHAD AZIZ , CEO AND CHIEF TRAINER

DAY 2 : EXCELLENCE THROUGH CONFLICT MANAGEMENT

SRI . ELDOSE PAULOSE , CAREER CONCLUTANT AND COOPERATE TRAINER

11/01/2019 & 12/01/2019

10:00 AM TO 04:00 PM

COORDINATOR
DR. CINTIL JOSE

11/01/2019
10 AM TO 12 PM
1 SECTION
Defining Softskills

2 PM TO 4 PM
2 SECTION
Building Positive Relationships

12/01/2019
10 AM TO 12 PM
1 SECTION
Techniques for Managing Emotions

2 PM TO 4 PM
2 SECTION
Time Management Techniques

Objectives of programme
To foster the soft skills of students

Expected outcome
Participants are expected to gain valuable insights and expertise on soft skill management for success in life



Photos of Workshop on Skill Development on 12-01-2019



List of Students Participated in the Workshop on Skill Development

Sl. No.	Name	Department
1.	Ansiya Shajahan	Mathematics and Statistics
2.	Jose Sebastia	Mathematics and Statistics
3.	Aswathy Rajan	Mathematics and Statistics
4.	Aika Aji	Mathematics and Statistics
5.	Nandana M	Mathematics and Statistics
6.	Aswathy Francis	Botany and Biotechnology
7.	Namitha Gopal	Botany and Biotechnology
8.	Anupa K Babu	Botany and Biotechnology
9.	Amnesmon Baby	Zoology
10.	Diya K George	Zoology
11.	Aamina Mehzin	Zoology
12.	Bincy Baiju	Malayalam
13.	Biji Mol Vinod	Malayalam
14.	Vijayalekshmi V	Physics
15.	Sruthy K. S	Physics
16.	Andrew Jose	Literature
17.	Aisha Japhar	Literature
18.	Surya K.S	Literature
19.	Nimitha Gautham	Chemistry
20.	Lakshmi Priya S	Chemistry
21.	AshnaMol Rasheed	Chemistry
22.	Abin Jolly	History
23.	Sheena John	History
24.	Fathima K.A	History
25.	Shefna Salim	Economics
26.	Don P Thankachan	Economics
27.	Akhila Mathew	Commerce
28.	Anu Mohanan	Commerce
29.	Thasni Hussain	Commerce
30.	Bismi Hammed	Commerce



Workshop On Team Based Strategy Games for Basic Concepts

Title of the programme	Workshop On Team Based Strategy Games for Basic Concepts
Date of the programme	05-01-2019 to 06 -01 -2019
Name of the resource person	Sri. Ajesh K.P Kerala Police Janamythri Trainer, EKSAT Govt of Kerala
Number of Students Enrolled	30
Objectives of the programme	To combine the excitement of strategy games with foundational concepts and to foster team work and critical thinking
Expected Outcome Of the Programmes	Participants are expected to gain skills in strategic thinking, communication, collaboration and conflict resolution and they will be equipped with valuable skills applicable in everyday life and career.

Report

The Workshop on Team-Based Strategy Games for Basic Concepts was a creative addition to the Walk With a Scholar program. It added the excitement of strategy games with foundational concepts, promoting teamwork and critical thinking. The program offered an interactive session designed to be both fun and educational, exploring the realms of strategy in a collaborative and dynamic environment. The primary aim was to transform theoretical basics into hands-on strategic mastery, providing students with a practical understanding of strategic thinking.

The workshop featured Sri. Ajesh K.P from The Kerala Police Janamythri as the speaker. Sri. Ajesh K.P brought a wealth of knowledge and expertise, particularly in the application of strategic thinking in real-world scenarios, adding practical insights to the workshop. Also, the focus on critical thinking and teamwork fostered a collaborative spirit among participants that helped them to approach the different problem faced in a strategic manner.



Brochure of the Workshop On Team Based Strategy Games for Basic Concepts

Walk With A Scholar (WWS) Programme
Workshop on
Team-Based Strategy Games
for Basic Concepts

05/01/2019

Session 1
10:00 am - 12:00 pm
Ice-breaking Session

Session 2
02:00 pm - 04:00 pm
Introduction to Team-Based
Strategy Games

06/01/2019

Session 1
10:00 am - 12:00 pm
Building Effective Teams

Session 2
02:00 pm - 04:00 pm
Applying Concepts to real life
situations.

Objectives:

- To combine the Excitement of Strategy Games with Foundational Concepts
- Fostering Team work and Critical Thinking

Outcomes:

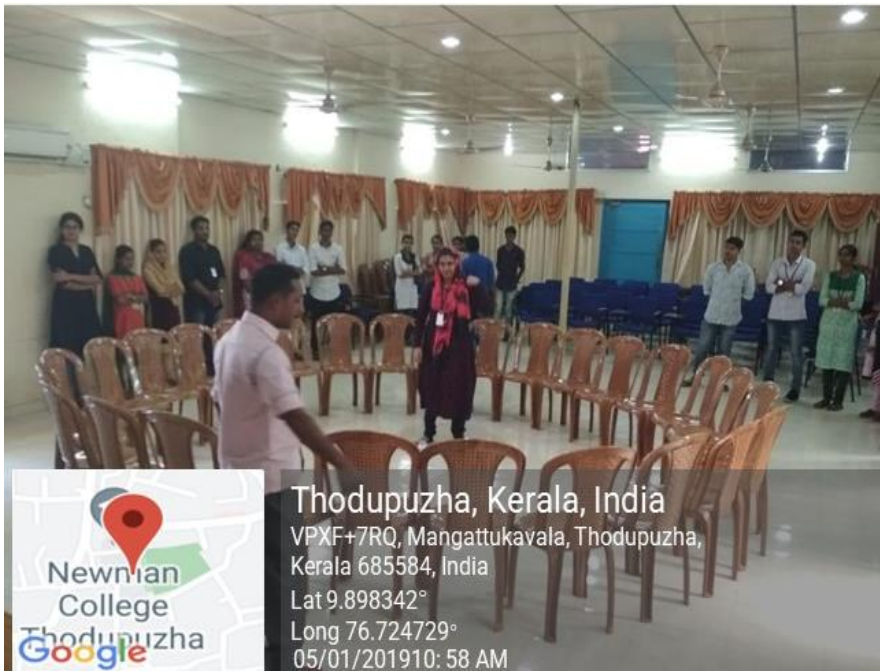
- Participants are expected to gain skills in strategic thinking, communication, collaboration and conflict resolution and they will be equipped with valuable skills applicable in everyday life and career.

Walk With A Scholar (WWS) Programme
presents

**WORKSHOP ON
TEAM-BASED STRATEGY GAMES
FOR BASIC CONCEPTS**

Resource Person:
**Sri Ajesh K. P, The Kerala
Police, Janamaithri**

**5-6 January,
2019**



Photos of the Workshop on Team Based Strategy Games for Basic Concepts on 05-01-2019



List of Students Participated in the Workshop on Team Based Strategy Games for Basic Concepts

S l . N o .	Name	Department
1.	Ansiya Shajahan	Mathematics and Statistics
2.	Jose Sebastian	Mathematics and Statistics
3.	Aswathy Rajan	Mathematics and Statistics
4.	Aika Aji	Mathematics and Statistics
5.	Nandana M	Mathematics and Statistics
6.	Aswathy Francis	Botany and Biotechnology
7.	Namitha Gopal	Botany and Biotechnology
8.	Anupa K Babu	Botany and Biotechnology
9.	Amnesmon Baby	Zoology
10.	Diya K George	Zoology
11.	Aamina Mehzin	Zoology
12.	Bincy Baiju	Malayalam
13.	Biji Mol Vinod	Malayalam
14.	Vijayalekshmi V	Physics
15.	Sruthy K. S	Physics
16.	Andrew Jose	Literature
17.	Aisha Japhar	Literature
18.	Surya K.S	Literature
19.	Nimitha Gautham	Chemistry
20.	Lakshmi Priya S	Chemistry
21.	AshnaMol Rasheed	Chemistry
22.	Abin Jolly	History
23.	Sheena John	History
24.	Fathima K.A	History
25.	Shefna Salim	Economics



26.	Don P Thankachan	Economics
27.	Akhila Mathew	Commerce
28.	Anu Mohanan	Commerce
29.	Thasni Hussain	Commerce
30.	Bismi Hammed	Commerce



DR. BRIJMOL THOMAS
PRINCIPAL
NEWMAN COLLEGE, THODUPUZHA
PEN: 467937



Workshop on Teamwork and Leadership

Title of the programme	Workshop on Teamwork and Leadership
Date of the programme	20-10- 2018 to 21-10-2018
Organizing Department/Cell	Walk With a Scholar (WWS) program
Number of Students Enrolled	30
Name of the resource person	Sri. Ajesh K. P, Kerala Police Janamythri Trainer, EKSAT Govt of Kerala
Objectives of the programme	To equip the participants with practical tools and strategies to enhance group dynamics, communication, and decision-making.
Outcome Of the Programme	The participants mastered different strategies for professional success by mastering the art of collaboration

Report:

The Workshop on Teamwork and Leadership, organized as part of the Walk With a Scholar (WWS) program at Newman College. The workshop The interactive session aimed to equip participants with essential skills for effective teamwork and the development of strong leadership qualities. The workshop encouraged active participation, creating an environment conducive to interactive learning and skill development. Participants were provided with practical tools and strategies to enhance their understanding of teamwork and leadership, focusing on real-world application.



Brochure of the Workshop on Teamwork and Leadership



**Newman College
Thodupuzha**

Walk With Scholar (WWS)
Programme

**Workshop on Teamwork
and Leadership**

Sri. Ajesh K.P
MBA , MSW , Psychology - Italy Master
Trainer, EKSAT, Gov. of Kerala

20/10/2018 & 21/10/2018
10:00 AM TO 04:00 PM

Coordinator
Dr. Cintil Jose
Department of Chemistry

20/10/2018

- 10AM TO 12 PM**
1. SECTION
Identifying the characteristics of effective teamwork & leadership 
- 2PM TO 4 PM**
2. SECTION
Building a High Performing Team 

21/10/2018

- 10AM TO 12 PM**
1. SECTION
Leading & Motivating a Team 
- 2PM TO 4 PM**
2. SECTION
Sustaining High-Performance & Growth 

OBJECTIVES OF THE PROGRAMME

TO EQUIP THE PARTICIPANTS WITH PRACTICAL TOOLS AND STRATEGIES TO ENHANCE GROUP DYNAMICS, COMMUNICATION, AND DECISION-MAKING

EXPECTED OUTCOME

THE PARTICIPANTS ARE EXPECTED TO MASTER DIFFERENT STRATEGIES FOR PROFESSIONAL SUCCESS BY MASTERING THE ART OF COLLABORATION



Photos of Workshop on Teamwork and Leadership on 20-10-2018



List of Students Participated in the Workshop on Teamwork and Leadership

Sl. No.	Name	Department
1	Sidharth R Vyloppilly	Mathematics and Statistics
2	Arya S	Mathematics and Statistics
3	Sebin Jose	Mathematics and Statistics
4	Rosemary Jose	Botany and Biotechnology
5	Sandra Sughathan	Botany and Biotechnology
6	Badhusha M Rasak	Zoology
7	Jasna Mol T.A	Zoology
8	Aneesa P Sulaiman	Zoology
9	Anumol Benny	Malayalam
10	Jesna P Jose	Malayalam
11	Nimmy Treesa Thomas	Physics
12	Jowin T Jomin	Physics
13	Jibin Binoy	Physics
14	Meera Raju	Literature
15	Mishel Benny	Literature
16	Annu John	Chemistry
17	Annu Jorly	Chemistry
18	Sophiya Babu	Chemistry
19	Silpa Francly	Chemistry
20	Dijohn Jose	History
21	Aby Sojan	History
22	Neenu K Mathew	History
23	Krishna Priya D	Economics
24	Ann Mary Joseph	Economics
25	Bismi Benchamin	Economics
26	Anugrah Jaison	Economics
27	George James	Economics
28	Jeromy Thomas	Commerce
29	Arya Sajeev	Commerce
30	Thanveer S	Commerce